

# Horticulture Therapy Symposium

Edgerton Hospital and Health Services  
Event Itinerary (Preliminary) – August 7<sup>th</sup>, 2024

8 am – 8:30 am – Registration, Breakfast (**ROOM D**), Networking, Tools on the patio

8:30 am Introduction, Marc Augsberger (EHHS, CEO) and Mark Dwyer **ROOM D**

8:40 am **Keynote Presentation – Dr. Jean Larson**  
Access and Engagement: The Role of Nature in Promoting Health and Wellbeing  
**ROOM D**

9:40 am – 10 am – Break, Snacks, Networking, Tools on the patio

10 am – 11 am - **Breakout Session #1**

- A. Applying Nature-Based Therapeutic Activities in a Hospital (Dr. Larson) **ROOM D**
- B. Tricks, Tips and Benefits for Garden Exploration with Children (Fishburn and Thompson) **ROOM A**
- C. Our Relationship with Nature (Fasano) **GARDEN**

11 am – 11:15 am – Break, Snacks, Tools on the patio, Networking, visit the garden!

11:15 am – 12:15 pm – **Breakout Session #2**

- A. AWE - A Wonder-filled Experience (Palm) **GARDEN**
- B. This Garden is for the Birds! (Yocum) **ROOM B**
- C. A School Garden Journey (Kachel and Hotter) **ROOM A**

12:15 pm – 1 pm – Lunch (**served in ROOM D**), Tools on the patio, Visit the garden!

1 pm – 2 pm – **Breakout Session #3**

- A. Gardening is Care: Horticultural Therapy at the DuPage Care Center (Viebach and Stojan) **ROOM A**
- B. Plants and Design Tips for the Healing Garden (Dwyer) **GARDEN**
- C. Garden Mindfulness for Healing (Kaleta) **GARDEN**

2 pm – 2:15 pm – Break, Snacks, Tools on the patio, Networking, Visit the garden!

2:15 pm – 3:15 pm – **Breakout Session #4**

- A. Gardening with Inmates – Challenges and Rewards (O'Connor, Grams and Haseman) **ROOM A**
- B. Garden Activities for Children (Dr. Olson) **GARDEN**
- C. Gardening for Life (Loper and Cech) **ROOM B**

3:15 pm – 3:30 pm – Wrap-up, Evaluations, Certificates and CEUs **ROOM D**

3:40 pm – 4:30 pm - Optional Garden Tour with Mark (**Meet in GARDEN at 3:40 pm**)