

2023 Horticulture Therapy Symposium

Edgerton Hospital and Health Services

Event Itinerary – August 9th, 2023

8 am – 8:30 am – Registration, Breakfast and Networking

8:40 am – **Keynote Presentation – Barb Kreski**
Therapeutic Side of Gardening

9:40 am – 10 am – Break and Networking

10 am – **Breakout Session #1**

- A. Creating a Therapeutic Garden (Barb Kreski)
- B. Ergonomic Tools (Lifelong Gardening Committee)
- C. The Sensory Garden (Mark Dwyer)

10:50 am – 11 am – Break and Networking

11 am – **Breakout Session #2**

- A. Therapy in Motion (Ann Rudel)
- B. Healing Gardens (Abby Nelson and Rebecca Teffeteller)
- C. Ergonomics of Gardening (Dr. Darcie Olson)

12 noon – 1 pm – Lunch, Garden Tour, Networking

1 pm – 1:50 pm – **Breakout Session #3**

- A. Ergonomic Tools (Lifelong Gardening Committee)
- B. Ergonomics in Gardening (Dr. Darcie Olson)
- C. HT Program: Setting and Reaching Goals (Mike Maddox)

1:50 pm – 2 pm – Break, Snacks, Networking

2 pm – 2:50 pm – **Breakout Session #4**

- A. Healing Gardens (Abby Nelson and Rebecca Teffeteller)
- B. The Sensory Garden (Mark Dwyer)
- C. HT Program: Setting and Reaching Goals (Mike Maddox)

2:50 pm – 3 pm – Wrap-up, Conclusion, Evaluations, CEUs