

COMMUNITY *connection*

WINTER/SPRING 2023



PATIENT SPOTLIGHT
Meet Edgerton Hospital Swing
Bed Patient Luanne Cundiff

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From left, Ann Rudel, COTA; Luanne Cundiff; Sherry Catacutan, PTA

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CEO *update*



As the calendar rolled to 2023, Edgerton Hospital marked a huge milestone – 100 years of providing compassionate healthcare to our communities! We celebrate our roots – the journey to where we are today – but most importantly, where we are headed. Our goal is to always bring the best quality care locally, so you don't need to travel far.



Here are few exciting announcements:

Edgerton Hospital Fulton Square Clinic – This new location in downtown Edgerton will be home to our specialty providers. Keep reading to learn more about this addition.

Mental Health Services – Rebecca J. Beese, DNP, APRN, PMHNP-BC, is now seeing patients at the Milton Clinic location.

Gastroenterology – Beginning in March, Dr. Aravind S. Vijayapal will be performing colonoscopies and upper endoscopies in the hospital's surgery department.

Hospitalists – We recently hired two new hospitalists, Dr. Pankaj Kaul and Dr. Sai Prashanth Babu Palepu, to join Dr. Mubeen and Dr. Sankineni. They are available 7 days/week to manage and coordinate the care of our patients staying in the hospital.

**IT WOULDN'T BE A 100TH BIRTHDAY WITHOUT A PARTY!
SO GRAB YOUR CALENDARS AND SAVE THE DATE:**

Saturday, August 26th, 4:00 – 7:00 p.m.

Our Healing Garden will be bustling with activities for the entire family to enjoy, including giveaways and a food truck rally. More details will follow in the coming months, but until then, be well and stay safe!

Marc Augsburger, MBA, BSN
Chief Executive Officer

GROWING WITHIN OUR COMMUNITY

As we celebrate 100 years as your partner in a healthier community, we are excited to announce the anticipated opening of our new Fulton Square Clinic on April 17, 2023. This new clinic was made possible through the state's Healthcare Infrastructure Capital Investment Grant Program and has been in the works since last summer. This space gives us the opportunity to provide more specialty care services in and around our community in order to keep care local. We are eager to begin providing access to new services – like pediatric and mental health services, to name a couple.

During this move, a few of our specialty clinics will be relocating, allowing us to increase both the capacity and level of care we are able to offer to our patients.

The following clinics will be moving:

- » ENT Clinic
- » Pulmonary Clinic
- » Cardiology Clinic
- » Podiatry Clinic
- » Surgery Clinic
- » Mental Health Services

JOIN US FOR AN OPEN HOUSE!

Thursday, April 13, 5:00 – 7:00 p.m.
111 W. Fulton St., Edgerton

Enjoy clinic tours, snacks and beverages! We are excited to expand within our community and are eager to continue providing the quality care you deserve.



PATIENT SPOTLIGHT

How Our Swing Bed Program Is Shaping Lives

Edgerton Hospital's Swing Bed program is helping our residents get back on their feet. In this program, patients who no longer need acute care can still benefit from 24-hour nursing coverage and rehabilitation in a hospital setting. We are proud to offer this program along with daily physical, occupational and speech therapy all in one convenient location. We'll assist you in achieving your prior level of independence so you can safely return to your home environment.

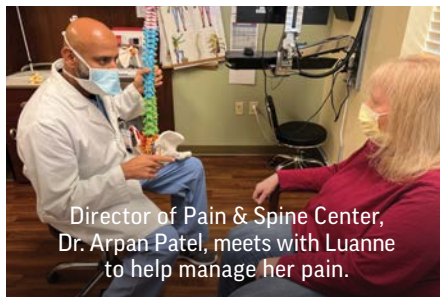
Luanne Cundiff, a recent Swing Bed patient, spent two and a half weeks in the Edgerton Swing Bed program and said her time there was "life-altering." She felt listened to by everyone, especially her therapists, Ann and Sherry.



I worked in healthcare for 35 years, so I know good healthcare from bad healthcare, and this was really, really good.

"I was originally a patient at another local hospital after having a TIA (transient ischemic attack) and had trouble walking and using my arms and hands. I had requested a Swing Bed stay once before, but insurance turned me down. They finally accepted it, and from the time I got to Edgerton Hospital, I felt welcomed. The nurse who brought me to my room met me at the door, all smiley and happy. Everybody was just always nice. Most importantly, I felt listened to."

Before switching to Edgerton Hospital, Luanne felt as though her concerns about her health were being pushed under the carpet and ignored.



Director of Pain & Spine Center, Dr. Arpan Patel, meets with Luanne to help manage her pain.

"I truly thought I was going crazy. I would mention a concern, and the doctors would stand in front of me fighting about it. My first day at Edgerton Hospital, a nurse talked to me for an hour and a half, and I was so relieved to know that someone was finally listening to me. Before Edgerton, I was ready to give up. No one had ever listened to me about my neck and back pain, but the first day in therapy, my therapist, Sherry, finally addressed it."

When an extended hospital stay is required for sufficient recovery, comfort and quality of care are important.

Luanne felt as though her care exceeded her expectations throughout the entirety of her stay, even when she was put into isolation during her last week after coming down with a case of COVID.

"Even in isolation, I felt welcomed. I only had one caregiver during my last week, but when people walked by my room, they would wave or knock on the window just to say hi. The housekeeper even wrote me a note and stuck it under my door, when I got sick, sending well wishes."

Ensuring that patients receive the appropriate follow-up care is a crucial part of the Swing Bed program. Now that Luanne has completed her stay in the Swing Bed program, she is still coming to Edgerton Hospital twice a week to continue therapy. She has also permanently switched her pain doctor to Dr. Arpan Patel.

"After my experience at Edgerton Hospital, I won't go anywhere else. Anything I need to have done going forward will be done at Edgerton Hospital."



Luanne continues to utilize outpatient physical therapy with Sherry.

Luanne would like to extend her deepest gratitude for all those who played a part in helping her during her stay in the Swing Bed program.

"I worked in healthcare for 35 years, so I know good healthcare from bad healthcare, and this was really, really good. I did not meet one person there that did not welcome me with a smile, and I wish there was a way to thank everyone."

EXPANDING ACCESS TO MENTAL HEALTH SERVICES

Welcoming Rebecca Beese, DNP, APRN, PMHNP-BC, to Edgerton Hospital

As the need for Mental Health Services continues to grow, we are pleased to welcome Rebecca Beese, DNP, APRN, PMHNP-BC, to our communities. Rebecca is now seeing patients at the hospital's Milton Clinic but will be relocating to the Fulton Square Clinic upon its opening in early spring.

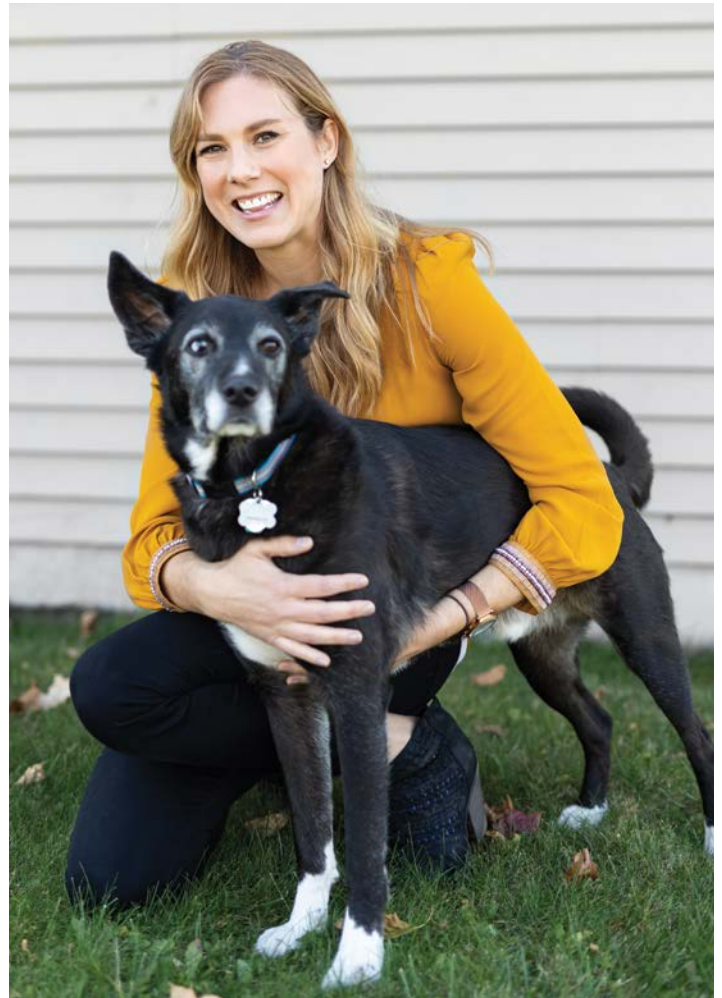
Dr. Beese received her Bachelor of Science in Nursing in 2006 and her Bachelor of Science in Psychology in 2003, both from the University of Wisconsin. She later went on to receive her Doctor of Nursing Practice from the University of Minnesota in 2017.

Dr. Beese provides a patient-centered focus and uses a wide variety of healing methods including medication, supplements, supportive therapy, psychoeducation, environmental modifications, mindfulness yoga and Reiki. As the need for these services grows, Dr. Beese says she is happy to offer her care locally.



We all go through hardships and hard times where we need that support and understanding and someone to listen to us and help us work through struggles.

“I initially wanted to study mental health in an attempt to figure myself out. I then realized that everyone struggles with mental health one way or another in their lives. We all go through hardships and hard times where we need that support and understanding and someone to listen to us and help us work through struggles.”



Dr. Beese ensures that each of her patients feels seen, heard and valued. She treats chemical imbalances but also works on evaluating her patients' lifestyles, relationships and environments using a holistic mind-body approach.

Dr. Beese comes to us with over 16 years of direct nursing experience at a number of well-known organizations. Along with her clinical experience, Dr. Beese is also a certified yoga instructor and Reiki Master. She is accompanied by her trained therapy dog, Finnigan, at almost all patient appointments.

“I've really appreciated the community feel. Everyone has been so warm and welcoming, and I think that's so encouraging, and I really feel like everyone is promoting a supportive environment.”

IF YOU ARE INTERESTED IN SCHEDULING AN APPOINTMENT WITH DR. BEESE, PLEASE CALL **608-868-3526**. FOR MORE INFORMATION, VISIT **EDGERTONHOSPITAL.COM**.

thank you

The Edgerton Hospital Foundation would like to share our gratitude to all of our generous donors. Your gifts provided ongoing financial support for new advancements in medicine and future efforts to maintain quality healthcare in Edgerton, Milton and surrounding areas. In 2022, through your gifts, the foundation transferred funding of \$2,100,163.75 to Edgerton Hospital. It's been a great year, and we could not have done it without you. The following are just a few of the items and the positive impact they made for staff and patients.



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\$9,678.70



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OR TABLE, PROBES, C-ARM FOR SURGERY
\$70,000.00



FULTON SQUARE CLINIC \$3,800,000.00
Made possible through the Healthcare Infrastructure Capital Investment Grant Program



This high-quality microscope helps our lab techs view blood cells and bacteria with greater clarity translating to better patient care.



These monitors will make it possible for crisper imaging during laparoscopic (guided image) surgeries performed in our operating rooms.



This new chair is even more stable and accessible to patients being treated in our specialty clinics, offering a higher level of safety and stability.



SAVE THE DATE: JUNE 23, 2023, 6:00 – 8:00 P.M.

Join us for food, beverages and a swinging good time celebrating our 100th anniversary in the Healing Garden!

Ticket sales opening soon!



THANK YOU! YOUR GIFT IS THE BEST MEDICINE.

I want to donate \$ _____ (amount) to the following:

Hospital's Greatest Need Healing Garden

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Mail this form and your donation payable to:
Edgerton Hospital Capital Foundation,
11101 N. Sherman Rd., Edgerton, WI 53534

OTHER WAYS TO GIVE:  
Visit edgertonhospital.com and click on Make a Gift.

Scan the QR code to learn more,
or contact Ann Heiden,
Executive Director, 608.884.1401,
aheiden@edgertonhospital.com.



STRAWBERRIES AND CUCUMBERS

The Dynamic Duo We Never Knew We Needed

Strawberries – they’re sweet, juicy and full of vitamins, fiber and antioxidants. They’re also a great source of manganese and potassium – both of which are great for improving bone health. Believe it or not, just one serving of strawberries is said to provide more vitamin C than an orange!

Strawberries consist mainly of water and contain a very minor amount of fat. Best of all, the carbohydrates found in strawberries come from simple sugars – like glucose, fructose and sucrose. So while you’re still getting your sugar fix, it comes in a much healthier form.

If you’re someone that finds yourself getting sick often, or wants to avoid getting sick in general, strawberries may be the key. Due to their high amount of vitamin C, strawberries are a natural immunity booster. The antioxidant properties in strawberries may also help keep your vision healthy.

When you combine the benefits of strawberries with the benefits of cucumbers, you’re especially promoting wellness. Cucumbers, although commonly thought to be a vegetable, are actually a fruit. They’re low in calories and high in nutrients and aid in weight loss and promote hydration.

The benefits from these popular fruits are impressive! While you’ll see an improvement in your health just from eating them separately, try combining them for a new experience! Check out Chef Joshua’s Strawberry Cucumber Salad recipe, which can be enjoyed as a refreshing breakfast or a light snack.



STRAWBERRY CUCUMBER SALAD

- 1 lb Strawberries
- 2 oz Vegetable Oil (Quartered)
- 2 lb Cucumbers
- 4 oz Apple Cider Vinegar
- 2 oz Honey
- 2 oz Vegetable Oil
- 1 Whole Lemon Zest
- 8 Leaves Basil (Chopped)
- Pinch of Salt

1. Add vinegar, honey, oil and chopped basil to bowl and mix well. (Set aside.)
2. Cut strawberries in quarters with green tops removed. Peel and deseed cucumbers and cut 1/4 in thick.
3. Combine the strawberries and cucumbers into the vinaigrette, mix well and add a pinch of salt to taste. Refrigerate for 1 hour and enjoy.

EMPLOYEE SPOTLIGHT

Jean Ann Schroeder, MSN, RN, Named Director of Quality for Edgerton Hospital

Jean Ann Schroeder joined Edgerton Hospital in November as Director of Quality. In this role, Jean Ann oversees all aspects of quality, compliance, infection prevention, employee health, environment of care and risk programs within the hospital, ensuring the safest experience for all patients.

“My job is to make sure that Edgerton Hospital and Health Services meets and exceeds the standard of care set forth by our accreditors. I am also responsible for the quality improvement plan, which looks at the safety and quality of care provided.”

Jean Ann received her BSN from the University of Wisconsin Madison and her MSN from UW Oshkosh and comes to us with nearly 35 years of nursing experience. She served as a hospital educator and supervisor for almost 20 years, which is when she was first exposed to the quality and safety side of healthcare.

“Because of my background as a hospital supervisor, I started teaching the Leadership and Management in Nursing course for the UW Oshkosh College of Nursing. As a nursing instructor, I was working with future hospital leaders and teaching them all about these quality principles, but I never got to put them into action.”

Jean Ann’s prior experience and background made her the perfect fit for this position, and she now gets to put her skills to use on a daily basis.

Jean Ann will also serve as the Infection Prevention Coordinator for Edgerton, where she will help address and manage infection prevention and control issues.



I think this position ties right into the quality director role, especially as we start to make our way out of a pandemic. Preventing infection really impacts quality care.

“I think this position ties right into the quality director role, especially as we start to make our way out of a pandemic. Preventing infection really impacts quality care.”

We are excited to have Jean Ann as part of the Edgerton Hospital team and look forward to her contributions over the years to come.

**HAVE A QUESTION OR CONCERN TO SHARE WITH
JEAN ANN? GIVE HER A CALL AT 608-561-6620.**



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-608-884-3441.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-608-884-3441.



PAIN MANAGEMENT CLOSE TO HOME

The Edgerton Hospital Pain & Spine Center is here to help you get back to living a pain-free life. Our team is dedicated to providing high-quality care so you can learn how to better manage your pain. We offer a range of services, including treatment of the following conditions:

- Back and neck pain – including sciatica and work-related injuries
- Shoulder, hip and knee pain
- Complex Regional Pain Syndrome (CRPS)
- Nerve damage and muscle spasm pain
- Shingles pain
- Arthritis pain
- Headache pain



Our one-on-one approach ensures that our patients receive the proper care they need for managing their pain. We'll begin by finding the cause of the pain, what makes it better or worse and whether or not it migrates to other parts of the body. We will then design a customized plan built around each individual's needs.

Don't let pain control your life! Schedule an appointment today by calling **608-561-6641**.

Referrals from a primary care provider preferred but not required.

Dr. Arpan J. Patel
Director of Pain & Spine Center