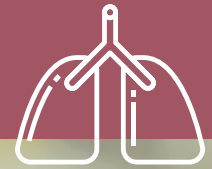




Healing Garden

[www.edgertonhospital.com](http://www.edgertonhospital.com)

# Pulmonary Rehabilitation



## Services

- Acute and Outpatient Care
- Cardiac Services
- Community Education Courses
- Diagnostic Testing
- Ear, Nose, Throat
- Emergency and Urgent Care
- Family Medicine
- General and Specialized Surgery
- Infusion Services
- Mental Health Services
- Pain & Spine Center
- Physician Specialty Clinics
- Podiatry
- Pulmonary Services
- Rehabilitation – PT, OT, Speech
- Respiratory Therapy
- Respite Care
- Short-Term Rehabilitation (Swing Bed)
- Sleep Study Program
- Wound Care

## Our Mission

Improving Health and Wellness for Longer, Healthier Lives

## Local, Convenient

11101 N. Sherman Road  
Edgerton, WI 53534  
608.884.3441



Passionate People, Compassionate Care

## Improving Your Quality of Life

Edgerton Hospital's Pulmonary Rehabilitation program is designed to help people with chronic pulmonary disease live full, rewarding lives. If you or a loved one has COPD, emphysema, chronic bronchitis, asthma or other lung problems, pulmonary rehab can help by combining a comprehensive evaluation with the right mix of exercise and education. Our goal is to make sure that you can continue doing the things you love.

## What Should You Expect?

Our multi-disciplinary team, consisting of pulmonary physicians, registered nurses, exercise physiologists and respiratory therapists, will work together to evaluate your overall physical and emotional status and will then develop a program to meet your specific needs. Within your program, you can expect the following objectives to be met:

- To provide you with a better understanding of the disease process
- To encourage self-management and control over daily activities
- To improve your physical stamina
- To enhance your emotional well-being
- To reduce hospitalizations



## Program Details

The Pulmonary Rehabilitation program consists of numerous components, including:



### Education



Education for both the individual and families will be provided by a multi-disciplinary team.

### Exercise



Group exercise sessions tailored to your individual needs will be held to improve the function of your heart and lungs. Exercise also helps strengthen the muscles used for breathing, which will decrease your shortness of breath. Breathing training, relaxation techniques and energy conservation for daily activities will also be addressed.

### Support



You'll have a chance to network with your peers and learn from others who have similar health situations. You'll work together towards a common goal, which is not only enjoyable, but rewarding!

## Does Insurance Cover Pulmonary Rehabilitation?

**Phase II** – If patients meet certain criteria, the treatment program is covered by most major insurance companies, including Medicare. Insurance plans vary in coverage and eligibility, so please check your plan for coverage and requirements.

**Phase III** – This is a self-pay program and generally not covered by insurance.

## Other Pulmonary Services

- Pulmonologist Consultation
- Pulmonary Function Testing
- Respiratory Therapy
- Smoking Cessation
- Nocturnal Oximetry

Contact the Pulmonary Rehabilitation Team: **608.884.1396**  
Fax: **608.884.1393**

