

COMMUNITY

connection

SUMMER 2022



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NEW LOCATION, NEW POSSIBILITIES!

We've got some big news – we will be relocating our specialty clinics in the near future! This year, Edgerton Hospital received a \$3.8 million grant from Governor Evers through the state's Healthcare Infrastructure Capital Investment Grant Program. Part of this grant has been used to purchase a building in Fulton Square in downtown Edgerton, where we will be moving our ENT, Pulmonary, Cardiology, Podiatry and Surgery clinics! By adding this extra space to our clinics, we will be able to increase both the capacity and level of care we're able to offer to our patients.

On top of moving our current specialty clinics, this new space gives us the opportunity to offer more specialty care services. Our goal at Edgerton Hospital is to have the highest quality of care possible while keeping that care local.

With the expansion of our pre-existing services and the ability to start offering new types of care, we're moving one step closer to reaching that goal!

"We are so excited to offer our patients a 5,000 sq. ft. medical clinic for their specialty care needs. Having this additional space will allow us to possibly bring in new specialties, such as pediatrics and mental health care. Quality care without having to drive far is always the goal for our patients, and this new facility is making great strides towards that goal," said Chief Executive Officer Marc Augsburger, MBA, BSN.

Stay tuned for more information to come in the following months!

**COMING SOON!
CONSTRUCTION
BEGINS IN JULY!**



The hospital's administration team from left: Alison Hanaman, BSN, RN, Vice President of Patient Care Services/Chief Nursing Officer; Marc Augsburger, MBA, BSN, Chief Executive Officer; Charles Roeder, Vice President Finance/Chief Financial Officer; Mark Kindschi, SPHR, SHRM-SCP, Human Resources Director.

MEET OUR SPECIALTY PROVIDERS MOVING TO THE NEW FULTON SQUARE LOCATION:

Cardiology



Dr. Raaid Museitif



Dr. Michael Kreager

Pulmonology/Sleep Disorders



Dr. Raed Hamed



Dr. Mouhammed Rihawi

Surgery



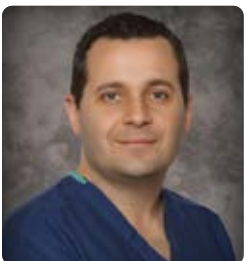
Dr. Pierre Charles, Jr.

Surgical Podiatry



Dr. Suleyman Kurter

Ear, Nose, Throat/Sleep Disorders



Dr. Danny Yaish



Aaron Yohann, PA-C

TO MAKE AN APPOINTMENT WITH
ONE OF OUR SPECIALTY PROVIDERS,
CALL **608.561.6614**.



CEO *update*

Keeping quality care local is something that means so much to the team here at Edgerton Hospital. When you need care, whether it be emergent or planned specialty care, we believe that you should have easy access without the hassle of driving far. We want this for you – our patients, families and friends.

With that being said, we are beyond excited to share the news that our specialty clinics will be moving to a new location in downtown Edgerton!

This new location in the lower level of Fulton Square will allow our patients an easier avenue to see a cardiologist, podiatrist, pulmonologist, surgeon and even an ear, nose and throat (ENT) provider. Having extra space will also open the door to new opportunities for additional service lines that are not currently offered because we think the more healthcare options you have at your fingertips, the better!

You will see construction on the new building starting early summer, and we will keep you updated through our social media channels. We are looking forward to this new venture, with YOU in mind!

Be well and stay safe!

Marc Augsburger, MBA, BSN
Chief Executive Officer



SPEECH LANGUAGE PATHOLOGISTS: THE EXPERTS IN COMMUNICATION

Speech Language Pathologists, commonly referred to as SLPs, work with patients on a broad range of cognitive and physical communication disorders. Through the intervention of an SLP, many patients can improve the areas that are affecting their ability to communicate – resulting in a better quality of life and ability to socialize.

There are numerous reasons why someone may have a speech or language problem. Some speech problems start in childhood, while others occur later in life due to age, illness or injury. Our Speech Language Pathologists will assess each individual and find methods to help them overcome their specific issues.

Our full-time Speech Language Pathologist will see patients ages 14 and up with the following needs:

- Speech Therapy
- Language Therapy
- Voice Therapy
- Cognitive Therapy
- Swallow Therapy
- Videofluoroscopic Swallow Studies
- Augmentative Alternative Communication

TO LEARN MORE ABOUT SPEECH/LANGUAGE THERAPY OR TO SCHEDULE AN APPOINTMENT, CALL **608.884.1390**.

ALICIA FRANK, M.A., CCC-SLP

Master's degree in Speech-Language Pathology, 2014, University of Iowa



Alicia joins Edgerton Hospital from Clearview Brain Injury Center (Juneau, WI), where she specialized in helping teens and adults with acquired brain injuries in the areas of swallowing, speech, language, cognition and voice.



DAISY AWARD PRESENTED TO **LISA KOPNICK, RN**

Congratulations to Lisa Kopnick, the newest recipient of the DAISY Award® for Extraordinary Nurses. This award was established to honor outstanding healthcare professionals and thank them for their extraordinary, compassionate care. We are proud to call Lisa a member of our team and want to give a big “thank you!” to her for bettering the lives of our patients every day.



Want to nominate an outstanding nurse? Patients can nominate nurses on our website at edgertonhospital.com.

PATIENT SPOTLIGHT

How Our Short-Term Rehabilitation Program Is Getting Our Patients Back on Their Feet

It was a morning in March when Marilee Wilber awoke feeling weak on one side of her body. Thinking it would pass, she went about her day as usual. When she woke the next morning and realized it hadn't subsided, she immediately came to the Edgerton Hospital Emergency Room, where she was then diagnosed with a stroke. Marilee spent two weeks in the hospital, allowing her to receive the care she needed to recover.

This kind of short-term rehabilitation program is commonly referred to as a Swing Bed Program. As a Swing Bed patient, Marilee was able to receive Physical, Occupational and Speech Therapy multiple times every day, setting her up for a faster recovery, while also having access to 24/7 skilled nursing care.



The nurses took good care of me. They would check on me all the time, and if I called them, they came right away.”

Edgerton Hospital understands that, after a hospital stay, not everyone has the capacity or strength to immediately return to everyday living. With our short-term rehabilitation program, we can assist in facilitating a smooth transition between acute care and returning home, or to other living conditions.

“The nurses took good care of me. They would check on me all the time, and if I called them, they came right away. They were all encouraging, and if I did something that was good, they would cheer me on, and I really needed it at that time,” said Marilee.

Having since finished her stay in the Swing Bed Program, Marilee is now receiving outpatient Physical



Ann Rudel, COTA, works with Marilee to provide electrical stimulation to the forearm, which helps nerves and muscles to move again post stroke.

and Occupational Therapy twice a week to continue her path to recovery. For Marilee, the therapists have been encouraging and upbeat, giving her the motivation she needs to keep pushing, even when it's difficult.

“I see a little progress every day – when I was in the program, and since I've come back home. I'm still not walking by myself, but I feel my legs getting stronger every day, so I hope to be up and around soon,” said Marilee.

For many like Marilee, receiving care close to home is important and can directly affect their recovery process. At Edgerton Hospital, we want to make sure everyone has access to the quality care they need. As a result, patients can still take advantage of the Edgerton Swing Bed Program even if they had surgery or were hospitalized elsewhere.

TO LEARN MORE ABOUT OUR SWING BED PROGRAM, CONTACT PATIENT AND FAMILY SERVICES AT [608.884.1490](tel:608.884.1490).



JUNE 24, 2022, 6-8 PM

COST: \$50 includes all food and beverage tastings
 \$30 includes food tastings and one glass of wine or brew



SCAN THE QR CODE TO PURCHASE YOUR TICKETS ONLINE AT EDGERTONHOSPITAL.COM

BEVERAGE TASTING VENDORS

- Over the Vines Vineyard & Wine Barn
- Fermenting Cellars Winery
- Northleaf Winery
- Timber Hill Winery
- Minhas Winery
- Duesterbeck's Brewing Company
- Mershon's Cidery
- Minhas Brewery
- And more to come!

ENTERTAINMENT

- Studio Orchestra Quartet
- Mark Dwyer, Healing Garden Manager, will be giving tours of the Healing Garden's Nicotiana collection

WINE PULL

It's a fun game of chance! With your "wine pull" ticket purchase, everyone who plays wins a bottle of wine! The value of the wine will range between \$10 - \$100!

SILENT AUCTION

- Three sets of Packers Tickets
- Badger Football tickets
- A quilt
- Two-night stay at Mt. Olympus in the Dells
- Garden design by Mark Dwyer

Can't make it to the event but still want to donate? **Use the form below to send in a donation!**

Join us for a garden party, indulging your senses with food, drinks and live music in the fragrant surroundings of our Healing Garden...all to support our Ear, Nose and Throat Clinic! Come for the food and drinks; stay for the silent auction, raffles, wine pull and more fun events!



THANK YOU! YOUR GIFT IS THE BEST MEDICINE:



YES, I want to donate \$ _____ (amount) to the following:

- Hospital's Greatest Need Healing Garden

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Mail this form and your donation payable to: Edgerton Hospital Capital Foundation, 11101 N. Sherman Rd., Edgerton, WI 53534

OTHER WAYS TO GIVE:  
 Visit edgertonhospital.com and click on Make a Gift.

Scan the QR code to learn more, or contact Ann Heiden, Foundation Director, 608.884.1401, aheiden@edgertonhospital.com



cucumbers

THE **BENEFITS** OF THE OBLONG VEGETABLE WE KNOW & LOVE



As kids, we were often told to eat our vegetables – and for good reason. Vegetables are highly nutritious and can contribute to many of our daily dietary needs. Broccoli, cauliflower and carrots may immediately come to mind, but there’s one veggie you shouldn’t sleep on – cucumbers!

So, what exactly can cucumbers do for you?

Aside from being high in nutrients, cucumbers have many unique attributes that set them apart from other vegetables.

Cucumbers Aid in Hydration – Cucumbers are made up of 96% water. When you’re feeling parched, eating a cucumber can help your body acquire some of the water it needs. While they’re composed of primarily water, they’re still a great source of vitamin B1, B2, B3, B5 and B6, vitamin C, calcium, magnesium and potassium!

Cucumbers Are Versatile – Whether you’re craving something light or something with a little more substance, cucumbers can be used for many things. Add them to a salad, stack slices with meat and cheese, dip them in hummus or blend them into a smoothie. Check out the recipe below for one of our favorite cucumber-filled smoothies.

Cucumbers Are Rich in Fiber – Cucumbers are a great source of fiber, which can help your body function properly. The fiber and water in cucumbers can help prevent constipation and increase regularity. Dietitians often advise diabetics to consume this versatile vegetable, as it can aid the pancreas in secreting the proper amount of insulin, thus regulating sugar production.

EXECUTIVE CHEF JOSHUA CIAFULLO'S CUCUMBER SMOOTHIE

This refreshing smoothie uses cucumber, banana, spinach and pineapple, plus some extra flavor boosters!

Ingredients:

- 1 cup cucumber, peeled and chopped
- 1 cup frozen pineapple
- 1 banana (preferably frozen and separated into chunks)
- 1 cup baby spinach
- 1/2 cup plain Greek yogurt (substitute plant-based yogurt to make vegan)
- 2 tbsp chia seeds
- 1 tbsp unsweetened coconut, shredded
- 1 tbsp lime juice
- 5 mint leaves

Instructions:

1. Combine all ingredients in a blender. Add ½ cup water, and blend until smooth. Enjoy!

Notes:

You do not need to peel the cucumber if you prefer to leave the skin on for extra fiber. Just make sure it's well-washed.

This drink is best enjoyed right away, but you can keep it in a sealed jar or container in the fridge for a day or two.





AND HEALTH SERVICES

11101 NORTH SHERMAN RD.
EDGERTON, WI 53534

Affiliated with SSM Health

If you do not wish to receive solicitations of mailings from Edgerton Hospital or the Edgerton Hospital Foundation, please e-mail ehhsinfo@edgertonhospital.com or call 608-884-3441. 3881

NON-PROFIT
US POSTAGE
PAID
MADISON WI
PERMIT #2860

UPCOMING EVENTS! Register online!



- June 9 - **The Art of Grilling**
- June 16 - **Medicare 101**
- June 23 - **Babysitter's Training Course**
- June 24 - **Scentsation Garden Party Fundraiser**
- June 29 - **The Basics of Staying Home Alone**

Community Connection complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-608-884-3441.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-608-884-3441.

TAKE CONTROL OF YOUR PAIN!

When dealing with pain every day, it's easy to feel like there's no way around it. No one should feel like their pain is an untreatable life sentence, and now you have a new resource at your fingertips. Our new Pain & Spine Center was built with our patients in mind. We want to provide our patients with the resources they need to strengthen and heal their bodies and regain a better quality of life.

Our one-on-one approach will ensure our patients are getting the proper care they need for managing their pain. We'll start by finding what's causing the pain, what makes it better or worse and whether it migrates to other parts of your body. Then we'll design a customized plan that is built around each individual's need for relief.



Our range of pain management services include treatment of the following conditions:

- Back and neck pain, including sciatica
- Shoulder, hip and knee pain
- Complex Regional Pain Syndrome (CRPS)
- Nerve damage and muscle spasm pain
- Shingles pain
- Arthritis pain
- Headaches



Dr. Arpan J. Patel
Director of Pain & Spine Center



READY TO START TACKLING YOUR PAIN? GIVE US A CALL TO SCHEDULE AN APPOINTMENT AT **608.561.6614**.