



2021-2023 Strategic Implementation Plan



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EXECUTIVE SUMMARY

Since opening its doors in 1923, Edgerton Hospital has been a true community hospital. From the very start, the intention was to make the hospital a place where patients could obtain personalized health care and also feel at home. This philosophy hasn't changed over the years, as we are still committed every day to providing exceptional health care for our communities.

Edgerton Hospital and Health Services lives its vision by serving area communities with exceptional quality, innovative health services, and by promoting wellness with highly trained physicians and staff members.

This Community Health Needs Assessment (CHNA) was conducted by Edgerton Hospital and Health Services to identify significant community health needs and to inform development of an Implementation Strategy to address current needs. The 2021-2023 CHNA was completed by Edgerton Hospital and was approved by its Board of Trustees on December 11, 2020.

The CHNA process involved the review of epidemiologic data, surveys, and participants from organizations representing a wide range of services and populations within the community. The information was used to develop a list of prioritized health needs. These prioritized needs are being used by Edgerton Hospital and Health Services to guide intervention and outreach efforts with the goal of improving the health of our community.

- 1. Access to Mental Health Services**
- 2. Access to Substance Abuse (Drugs/Alcohol) Services**
- 3. Obesity/Overweight**
4. Access to Dental Care and Preventive Services
5. Socioeconomic Concerns
6. Access to Affordable Healthcare

The mission, strategic initiatives, and community input further determined the significant health needs to be addressed and upon which the implementation plan is built. Edgerton Hospital evaluated each of the health needs and concluded it would address three health needs.

The 2021-2023 Community Healthy Needs Assessment conducted by Edgerton Hospital and Health Services is publicly available at www.edgertonhospital.com.

BACKGROUND

Purpose

Edgerton Hospital and Health Services has conducted and participated in various surveys and programs with the goal of assessing the health needs of the community it serves. These assessments have assisted the hospital in evaluating current services and for determining future strategies, services, and programs to improve the health status within the community. The assessment presented is designed to both continue that process and to satisfy the requirement of a Community Health Needs Assessment (CHNA) described below.

Enacted in 2010, the Patient Protection and Affordable Care Act provided for numerous changes in the U.S. healthcare system, including the addition of Internal Revenue Code (IRC) section 501(r) applicable to hospital organizations exempt from federal income tax. Edgerton Hospital is such a hospital organization. Within IRC 501(r) is the requirement for such a hospital organization to conduct, once every three years, a Community Health Needs Assessment (CHNA) for each hospital facility it operates. The Internal Revenue Service is charged with enforcing these new requirements and has issued guidance for hospital organizations to follow in order to comply with the law. Such a CHNA report should include the following: a definition of the community served by the hospital and a description of how the community was determined; a description of the process and methods used to conduct the CHNA; a description of how the hospital facility took into account input from persons who represent the broad interests of the community identified through the CHNA, along with a description of the process and criteria used in identifying certain health needs as significant and prioritizing such significant health needs; and a description of potential measures and resources identified through the CHNA to address the significant health needs.

Description of Hospital Facility

- Our emergency department is open 24 hours, 365 days a year and is staffed by experienced physicians who can respond to any medical emergency.
- In addition to acute inpatient care, we deliver a variety of outpatient services, including diagnostic imaging, cardiac and pulmonary rehabilitation, infusion services, physical, occupational, and speech therapy, respiratory therapy, massage therapy, and same-day surgery.
- Our short-term rehabilitation/swing bed care is a convenient option for patients who prefer to remain under skilled nursing care with immediate access to rehab services as they recover from illness, injury, or surgery.
- Our surgical department is equipped and staffed for general and specialized procedures, including ear, nose and throat (ENT), podiatry, endoscopy, gynecology, oral surgery, and pediatric dentistry.
- Specialty providers hold clinic and perform procedures at the hospital to keep care local. Services include cardiology, pulmonology/sleep disorders, wound care, surgical podiatry, surgery, and ENT.
- A family medicine clinic offers two providers who focus on comprehensive and preventative care for the entire family.
- We offer a variety of community education classes to enrich your mind, body, and soul.

BACKGROUND

Definition of Community Served

Edgerton Hospital values each individual it serves, but for the purposes of the CHNA, the immediate community has been defined as Edgerton and Milton, while Rock County is the broad community.

CHNA Implementation Plan Priority Needs and Specific Areas to Address

For each significant health need Edgerton Hospital plans to address, the objectives are listed along with key programs and collaborations it plans to commit to in the next three years. Edgerton Hospital is committed to its communities and will utilize its resources to ensure that the strategies are implemented.

Significant Need #1: Mental Health

Adequate access to mental health/behavioral health is critical for population health. The CHNA revealed ongoing challenges with finding mental health providers and appropriate services. In addition, community members noted that the mental health delivery system in the county is difficult to access and extremely fragmented. Further, the CHNA noted that more services are needed to meet the needs of the community.

To meet this need, Edgerton Hospital will focus on deploying resources in community-based settings, supporting local initiatives for community members, and conducting research on interventions that can be applied in community settings. Key objectives include:

- Increase access to care through outpatient community-based programs.
- Increase support for services focused on vulnerable populations; and
- Enhance the education of community members regarding behavioral health.

Edgerton Hospital will focus on the following strategies and programs:

- Provide mental and behavioral health services in the community.
- Support physicians and residencies in behavioral health and continuing education programs for safety net providers.
- Provide employee volunteers at local community-based events.

The anticipated impact of these actions will be to:

- Increase awareness of and treatment of mental health.
- Increase access and quality of mental health care services in the community; and
- Reduce the percentage of residents who delay obtaining needed behavioral health services.

To address this health need, Edgerton Hospital plans to collaborate with:

- Edgerton Outreach
- Rock County Human Services
- Local community-based organizations and partners
- Edgerton/Milton School District
- Local Health Clinics

BACKGROUND

Significant Need #2: Substance Abuse – Drugs/Alcohol

Efforts aimed at substance abuse – drugs/alcohol prevention are powerful vehicles to improve community health. Prevention efforts focus on and contribute to a decrease in hospitalization rates due to alcohol and drug abuse. The CHNA found that community members would like to see more efforts dedicated to substance abuse by increasing education and awareness within the schools and community.

To meet this need, Edgerton Hospital will support initiatives that expand the knowledge of community members in the area. Key objectives include:

- Increase parental education and awareness within the community and schools.
- Provide resources to community providers and members to help individuals sustain an applicable lifestyle.
- Collaborate and support medication drop off sites within the community.

Edgerton Hospital will focus on the following strategies and programs to address Substance Abuse – Drugs/Alcohol:

- Support and partner with other community and school coalitions working on prevention initiatives.
- Provide key medical staff as speakers to address prescription medication and over the counter drug education to the community and schools.
- Sponsor and help promote “Drug take back day” events within the community.
- Edgerton Hospital will sponsor and promote a community-wide sharps disposal program.

The anticipated impact of these actions will be to:

- Increase public awareness of drug and alcohol use within the community.
- Support drug/alcohol free community and family events.
- Promote school based educational sessions and provide information.

To address this health need, Edgerton Hospital plans to collaborate with:

- Edgerton/Milton School district
- Healthy Edgerton
- Local Police and Fire Department
- Edgerton Hospital Social Worker

BACKGROUND

Significant Health Need #3: Obesity/Overweight

Physical activity and eating a healthy diet are important for overall health. When access to food is challenging, many turn to unhealthy foods that are convenient and readily available. The CHNA found community members wanted more nutrition education classes on how to prepare healthy fresh foods and what opportunities are available within the community in order to live a more active lifestyle.

To meet this need, Edgerton Hospital will support initiatives that expand the knowledge of community members in the region. Key objectives include:

- Promote access to healthy food choices.
- Increase physical activity among children and their families.
- Increase knowledge and skills that promote healthy lifestyles and healthy food choices for children and families.

Edgerton Hospital will focus on the following strategies and programs that address Obesity/Overweight:

- Provide educational programs that address food literacy, nutrition, physical activity and overall health and wellness.
- Collaborate and participate in various community initiatives that teach, encourage, and promote adequate and appropriate nutrition and physical activity in the community to reduce obesity.
- Will expand and continue partnership and engagement opportunities with Edgerton and Milton School District to help reach the hospital's goal of creating a "healthier community."
- Assist local nonprofit organizations addressing food insecurity and active living.

The anticipated impact of these actions will be to:

- Increase public awareness of healthy lifestyles and its impact on chronic disease prevention.
- Support individuals' abilities to access healthy food and prepare healthy meals.
- Increase compliance with preventive care recommendations.

To address this health need, Edgerton Hospital plans to collaborate with:

- Healthy Edgerton
- Edgerton Outreach
- Local community-based organizations and partners
- Edgerton and Milton School Districts

BACKGROUND

Issues not being Addressed

Edgerton Hospital acknowledges the vast number of health needs that emerged from the CHNA process. Edgerton Hospital chose to address those areas where it could most effectively use its knowledge and resources to make an impact. For those areas not being addressed, it was determined that addressing those needs were best served by others in the community who have the expertise, capacity and adequate resources. Accordingly, Edgerton Hospital will continue to support strong partners in the community to effectively address those needs.

Next Steps

Edgerton Hospital will continue to serve area communities with exceptional quality, innovative health services, and promote wellness with highly trained physicians and staff members. Continuous review of the CHNA implementation plan is a process that is active throughout the three-year period. For each of the health needs, Edgerton Hospital will work with community partners to strengthen existing services and where gaps exist, identify new collaborative initiatives to better serve our community.