

# **CHNA Strategic Implementation Plan**

Approved by the Board of Trustees on December 9, 2019

At the request of the Internal Revenue Service, Edgerton Hospital has conducted a Community Health Needs Assessment (CHNA) to identify community health needs and to inform development of an implementation strategy to address identified priority needs.

Outlined within this document are the ways in which Edgerton Hospital can best use its limited charitable resources to address priority needs. The plans included will take place over the course of 2020, with a follow up three year plan in 2021-2023. Please note that the hospital reserves the right to alter its implementation strategy as community needs may change over the three-year time frame.

#### **Our Vision**

Through our Healthy Village concept, Edgerton Hospital and Health Services will serve area communities with exceptional quality, innovative health services, and promote wellness with highly trained physicians and staff members.







# **Community Served**

Edgerton Hospital is committed to providing exceptional health care to our communities. And, one way that we can ensure that we're offering what the community needs is by completing a community health needs assessment (CHNA). For the purpose of the CHNA, the immediate community has been defined as Edgerton and Milton, while Rock County is the broad community.

## **Community Health Priorities**

During this research process, we conducted interviews with key health officials, as well as community surveys, all with the goal of identifying the top areas of concern, as related to the health of the community. Upon review of our findings, the priorities that Edgerton Hospital has committed to addressing include:

1. Health Behaviors

a. Alcohol Abuse

b. Drug Abuse

2. Morbidity

a. Diet and Exercise Related Issues

## Implementation Strategy & Initiatives

Edgerton Hospital is strongly committed to providing quality care to its communities and will utilize its resources to ensure that the strategies are implemented. In addition, the hospital employees a Community Education Manager who is responsible for creating specific programming in order to promote health and wellness for our communities. This individual will continue to plan courses based on the needs of the community.

#### Diet and Exercise-Related Issues

It is Edgerton Hospital's goal to contribute to a decrease in obesity by promoting healthy eating and an active lifestyle. Specific strategies include:

- Collaborate and participate in various community initiatives that teach, encourage, and promote
  adequate and appropriate nutrition and physical activity in the community to reduce obesity.
- Increase and expand the availability of obesity programs in the community by providing educational programs that focus on the heart, diabetes, and high blood pressure as well as nutrition, physical activity and overall wellness.

### **Alcohol and Drug Abuse**

It is Edgerton Hospital's goal to contribute to a decrease in hospitalization rates due to alcohol and drug abuse. Specific strategies include:

- Continue to collaborate with community partners and advocate for reduced tobacco use, alcohol, and substance abuse by increasing education and awareness within the school and community.
  - Provide community members educational materials and programs to help individuals sustain an applicable lifestyle and behavioral change due to alcohol, drug and tobacco use.
    - Collaborate and support medication drop off site(s) within the community.
- Implement a support group or management program in collaboration with Healthy Edgerton Coalition.

#### Needs the Hospital Will Not Address

While Edgerton Hospital believes that all of the health needs identified are valid, needs that are not addressed by the hospital at this time are due to lack of hospital resources and funds.