

COURTYARD CAFÉ WEEKLY LUNCH MENU

NOVEMBER 16TH – NOVEMBER 20TH












SOUPS

-  **Monday** – Beef Stew cal.180 carbs.2
-  **Tuesday** – Cream of Broccoli cal.220 carbs.1
-  **Wednesday** – Split Pea & Ham cal. 320 carbs.3
-  **Thursday** – Chicken Corn cal.180 carbs.1
-  **Friday** – Clam Chowder cal.190 carbs.2

COLD SALADS & SIDE

Apple Broccoli Walnut Salad – Rainbow Salad – Potato Salad
Tuna Macaroni Salad – Tossed Caesar Salad – Spinach and Beet Salad
Cannoli – Cookies & Cream Pudding – Fruit Salad

MAIN DISHES

-   **Chicken Fajitas** cal.370 carbs.2
-   **Cheese Manicotti** cal.490 carbs.3
-  **Brown Sugar Dijon Glazed Pork** cal.395 carbs.2
-  **Vegan Stuffed Roasted Pepper** cal.310 carbs.4
-   **Chicken Bacon Ranch Sandwich** cal.590 carbs.3
-  **Chef Choice Vegetable** cal.90 carbs.0
-  **Butter Mashed Potatoes** cal.120 carbs.1
-  **Brown Rice** cal.220 carbs.2

FRIDAY

MAIN DISHES WILL
NOT BE SERVED

**1/3 Pound Burger with
Cheese**

Grill Bratwurst

Potato Tots