






COURTYARD CAFÉ
WEEKLY MENU
SEPTEMBER 14TH – 18TH

SOUPS

-   **Monday – Chicken Nacho** cal.150 carbs.1
-  **Tuesday – Cream of Mushroom** cal.150 carbs.1
-  **Wednesday – Minestrone** cal.125 carbs.1
-   **Thursday – Split Pea & Ham** cal.190 carbs.2
-   **Friday – Cheese & Broccoli** cal.180 carbs.1

COLD SALADS & SIDE

Mustard Potato Salad – Coleslaw – Caprese Pasta Salad
Creamy Bacon Potato Salad – Macaroni Salad
Fruit Fluff – Chicken Jalapeno Cranberry Salad -

MAIN DISHES

-   **Cheese Lasagna** cal.550 carbs.4
-   **Chicken Cordon Bleu** cal.385 carbs.1
-  **Sweet Chili Glazed Salmon** cal.380 carbs.2
-  **B.B.Q Pull Pork Sandwich** cal.550 carbs.2
-  **Oven Fried Chicken** cal.350 carbs.0
-  **Chef Choice Vegetable** cal.90 carbs.0
-  **Wild Rice** cal.200 carbs.3
- Fries** cal.140 carbs.1

**FRIDAY
NACHO
BAR!!!**