

Courtyard Cafe Menu

Menu Specials Available During Lunch; 11am-1:30pm

Menu

Weekly

Monday August 12th

		Kcal	Carb	
Soup	Tomato Basil Bisque	175	1	
Chef's Choice	Thai Chicken Meatball Bowl	360	2	
Vegetable	Steamed Lemon Zucchini Noodles	120	1	
Panini/Grill Special	Caprese Grilled Cheese	440	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Tuesday August 13th

		Kcal	Carb	
Soup	French Onion Soup	175	2	
Chef's Choice	Chicken Enchilladas (2) with Poblano Cream Sauce	675	2	
Vegetable	Potato and Corn Skillet Hash	225	1	
Panini/Grill Special	Steak Quesadilla	725	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Wednesday August 14th

		Kcal	Carb	
Breakfast Special	Iced Cinnamon Roll	375	4	
Soup	Reuben Soup with Rye Croutons	325	2	
Chef's Choice	Glazed Meatloaf with Smashed Red Potatoes	685	3	
Vegetable	Green Bean Medley	100	1	
Panini/Grill Special	Memphis Style Hot Dog	480	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Thursday August 15th

		Kcal	Carb	
Soup	Chicken and Corn Chowder	175	2	
Chef's Choice	Roasted Cod with Herb Garlic Butter	225	1	
	Orzo with Parmesan and Peas	245	3	
Vegetable	Steamed Broccoli	90	1	
Panini/Grill Special	Turkey Club Croissant	550	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Friday August 16th

		Kcal	Carb	
Soup	Chicken & Artichoke Florentine	310	1	
Chef's Choice	Cajun Pulled Pork and Grits	635	2	
Vegetable	Steamed Broccoli	90	1	
Panini/Grill Special	Pastrami and Swiss on Rye	490	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	