

Courtyard Cafe Menu

Menu Specials Available During Lunch; 11am-1:30pm

Monday March 11th

		Kcal	Carb	
Soup	Broccoli Cheddar Soup	325	1	
Chef's Choice	Creamy Parmesan Herb Chicken Thigh	375	1	
Vegetable	Lemon Garlic Zucchini Noodles	60	0.30	
Panini/Grill Special	Grilled Ham and Swiss on Marble Rye	425	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Tuesday March 12th

		Kcal	Carb	
Soup	Split Pea and Ham	175	1	
Chef's Choice	Build Your Own Beef or Chicken Taco Salad	Varies	2	
Vegetable	Corn with Peppers and Onions	175	2	
Panini/Grill Special	Cilantro Lime Grilled Shrimp Tacos (2)	341	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Wednesday March 13th

Happy (Early) St Patrick's Day

		Kcal	Carb	
Soup	Old Fashioned Chicken Noodle	320	3	
Chef's Choice	Corned Beef with Steamed Red Potatoes	475	2	
	Steamed Cabbage & Carrots	225	2	
Panini/Grill Special	Chicken Salad Croissant	640	3	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Thursday March 14th

Happy Pi Day

		Kcal	Carb	
Breakfast Special	Quiche Lorraine	359	1	
Soup	Chef Jason's Shrimp and Corn Chowder	366	3	
Chef's Choice	Shepherd's Pie	452	4	
Vegetable	Grilled Vegetable Medley	175	2	
Panini/Grill Special	California Sushi Roll Bowl	312	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Friday March 15th

		Kcal	Carb	
Soup	New England Clam Chowder	220	1	
Chef's Choice	Cornmeal Crusted Catfish	207	1	
	Macaroni and Cheese	401	2	
Vegetable	Steamed Broccoli	90	1	
Panini/Grill Special	Sloppy Joe Sandwich	375	2	
Salad Bar:	Build Your Own Salad	Varies	Varies	

Menu

Weekly