

Courtyard Cafe Menu

Weekly Menu

Monday July 2nd

		Kcal	Carb	
Breakfast Special				
Soup	Cream of Asparagus Soup	211	1	
Chef's Choice	Rosemary Ranch Chicken Kabobs (K)	378	0.30	
Vegetable	Caprese Stuffed Portabella Mushroom (K)	90	0.50	
Panini/Grill Special	BBQ Pork Quesadillas	730	3	
Salad Bar:	Tuna Macaroni Salad or Build Your Own	400, 0	3, 0	

Tuesday July 3rd

		Kcal	Carb	
Breakfast Special	Homemade Oatmeal Pancakes	325	3	
Soup	Posole Rojo	475	2	
Chef's Choice	Beef Sliders (2) on Hawaiian Rolls with the Fixins'	464	2	
Vegetable	Zucchini Rollatini	400	2	
Panini/Grill Special	Grilled Bratwurst with the Fixings	650	2	
Salad Bar:	Creamy Cucumber Salad or Build Your Own	320, 0	.5, 0	

Wednesday July 4th

		Kcal	Carb	
Breakfast Special	Happy Independence Day			
Soup	Café Closed			
Chef's Choice				
Vegetable				
Panini/Grill Special				
Salad Bar:				




Thursday July 5th

		Kcal	Carb	
Breakfast Special	Ham and Cheese Egg Bake	300	1	
Soup	Sweet Potato and Corn Chowder	143	2	
Chef's Choice	Pecan Crusted Walleye	375	1	
Vegetable	Roasted Kohlrabi	114	1	
Panini/Grill Special	Braised Short Rib Grilled Cheese with Caramelized Onion	675	3	
Salad Bar:	Asian Ramen Noodle Salad or Build Your Own	310, 0	2, 0	

Friday July 6th

		Kcal	Carb	
Breakfast Special				
Soup	Creamy Zucchini Soup with Sumac Croutons	159	1	
Chef's Choice	Veal Scallopini with Lemon Caper Cream Sauce	681	2	
Vegetable	Garlic Mashed Cauliflower (K)	98	0.50	
Panini/Grill Special	Cuban Sandwich	525	1	
Salad Bar:	Strawberry Poppysed Salad or Build Your Own	310, 0	1, 0	

