



# Courtyard Café

## Daily Menu Selections

May 14th thru 18th

### MONDAY-14th

		<i><b>Kcal</b></i>	<i><b>Carbs</b></i>
<i>SOUP -</i>	Pork and Sweet Potato Soup	380	2
<i>CHEF'S CHOICE -</i>	Cheesy Chicken Broccoli and Rice Casserole	300	1
<i>VEGETABLE</i>	Maple Dijon Roasted Carrots	210	1
<i>PANINI/SANDWICH</i>	Chicken Salad on Honey Oat Bread	400	3
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0

### TUESDAY-15th

<i>SOUP -</i>	Yellow Squash and Corn Soup	200	2
<i>CHEF'S CHOICE -</i>	Pan Seared Tilapia with Mango Cucumber Salsa	290	1
<i>VEGETABLE</i>	Grilled Asparagus	80	0
<i>PANINI/SANDWICH</i>	Mufflata Sandwich	400	3
<i>SALAD BAR</i>	<b>Catalina Salad, Rst. Beet and Kale Salad</b>	440,65	.5,0

### WEDNESDAY-16th

<i>SOUP -</i>	Zuppa Toscona Soup	480	1
<i>CHEF'S CHOICE -</i>	Meatball Lasagna	500	4
<i>VEGETABLE</i>	Sauteed Zucchini and Yellow Squash	80	0
<i>PANINI/SANDWICH</i>	Bbq Pulled Pork Stuffed Sweet Potato	460	3
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0

### THURSDAY-17th

<i>SOUP -</i>	Creamy Chicken and Mushroom Soup	270	1
<i>CHEF'S CHOICE -</i>	Spaghetti Squash Enchilada Boat	340	4
<i>VEGETABLE</i>	Vegetable Medley	80	0
<i>PANINI/SANDWICH</i>	Mexican Tortilla Pizza Stack	440	4
<i>SALAD BAR</i>	<b>Thai Grilled Watermelon Salad, Cucumber/Tomato Salad</b>	160,60	2,1

### FRIDAY-18th

<i>SOUP -</i>	Asparagus and Potato Soup with Cheddar	450	3
<i>CHEF'S CHOICE -</i>	Pork Chop with Creamy Garlic Butter Spinach Sauce	540	1
<i>VEGETABLE</i>	Parmesan Pesto Tomatoes	120	0
<i>PANINI/SANDWICH</i>	Bacon Asparagus Goat Cheese Frittata	320	0
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0