

COMMUNITY

connection

Bringing 3D Mammography
to Edgerton Hospital

FOUNDATION, PG. 6



CEO Jim Schultz reflects
on Edgerton Hospital's
fantastic 2017.

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EXPERIENCE EXCELLENCE IN EMERGENCY CARE



We know how special it is to have a quality healthcare facility for a small community like ours. That's why we are incredibly proud to have been named a Guardian of Excellence® for Outstanding Performance in Patient Experience by Press Ganey.

The Press Ganey Guardian of Excellence Award is a nationally recognized symbol of outstanding achievement in healthcare. The award honors top-performing healthcare organizations that have consistently been in the top 5% of clients across the country for outstanding performance in patient experience.

“What this award celebrates is that we are consistently exceeding our patients’ expectations during their time of need,” says Jim Schultz, Edgerton Hospital CEO. “Our highly trained team of doctors, nurses, lab and

radiology technicians, and each caregiver that comes into contact with our patients and their families, has one goal – to provide patient-centered, high-quality care. This award is national recognition that we’re doing just that and our patients are happy, and we couldn’t ask for anything more.”

Edgerton Hospital was specifically recognized for its outstanding patient satisfaction scores for emergency room care. The hospital’s emergency and urgent care department is known for combining small-town, personal care with big-city skills.

This award means you can take comfort in knowing that you have access to award-winning, patient-centered emergency and urgent care right in your backyard. For a small community, we are fortunate to have such skilled, dedicated caregivers within reach.



ABOVE: Chief Medical Director Brian Stubitsch, MD, congratulates staff on winning the Press Ganey Guardian of Excellence Award. **BELOW:** Emergency nurse Shelly McGuire shows off the cake presented to staff.



CEO UPDATE



With 2017 in the books, we can now reflect on the past year's accomplishments. It's been a busy year – from adding surgeons and new service lines, to hosting events at the hospital and visiting with you during community gatherings.

We've enjoyed expanding our partnership with the local schools and community to focus on various wellness initiatives. Perhaps the most honorable accomplishment may be receiving the Press Ganey Guardian of Excellence Award for Patient Experience in the Emergency Department. Our team is dedicated to ensuring that each patient is treated with quality care, and when their visit is complete, their needs will have been met and their expectations exceeded. We are here to prove to you that local care is quality care, and this award should give you that peace of mind.

On behalf of our entire team, I'd like to wish you all a very happy New Year! May 2018 find you and your family healthy, happy and excited for what the future may bring.

JIM SCHULTZ, CEO

GET SEEN SOONER AT MILTON CLINIC

Healthcare seems to be getting more and more complicated by the day – involving changing insurance markets, politics and competition for care. But, when you or a loved one needs to see a doctor, you don't want to worry about all of that. You just want access to the best care, as soon as possible. And that's what Edgerton Hospital's Milton Clinic provides.

Edgerton Hospital's family medicine clinic in Milton offers personalized care for you and your family, without the long wait. When you call for an appointment, we can get you in to see a physician within a few weeks – not months.

"I felt so welcome at the clinic, and there is such a genuine sense of care from everyone," says Carol Sharp, Milton Clinic patient. "You just don't find that anymore."

When Carol moved to the area this year, she was eager to find a new doctor she could trust. As an ovarian cancer survivor, Carol is diligent about her regular check-ups and open communication with

her physician. So, she was thankful to learn about Dr. Karen Berger, Family Medicine, and to get an appointment with her quickly.



"I feel like I was sent to her; she is such a blessing," says Carol. "Dr. Berger was very thorough and wanted to know as much as possible about my history so she could give me the best care."

Although she's been in remission for 12 years, Carol has to stay on top of her health and still suffers from some effects of chemotherapy treatment.



The convenience and ease of getting an appointment at the Milton Clinic makes her health easier to manage. And, Dr. Berger was able to help her find relief for one of her most painful symptoms.

“I developed neuropathy, and it is so painful,” explains Carol. “I hadn’t been able to sleep well for years due to the pain. Dr. Berger took the time to figure out that the neuropathy was likely caused by the chemotherapy and found medication that has worked wonders. She’s given me my life back just by listening to me.”

For Carol and others in the local area, having access to expert, personalized care is more than a convenience – it’s a lifesaver. That’s why we accept a wide range of insurance plans and keep our wait times short. Dr. Berger is joined at the Milton Clinic by Dr. Michael Schreiber, Family Medicine, to provide hometown, personal care to the community.

“If you want a hands-on, thorough and empathetic experience, go to the Milton Clinic,” says Carol.

WE OFFER EXPANDED CLINIC HOURS FOR ADDITIONAL CONVENIENCE:

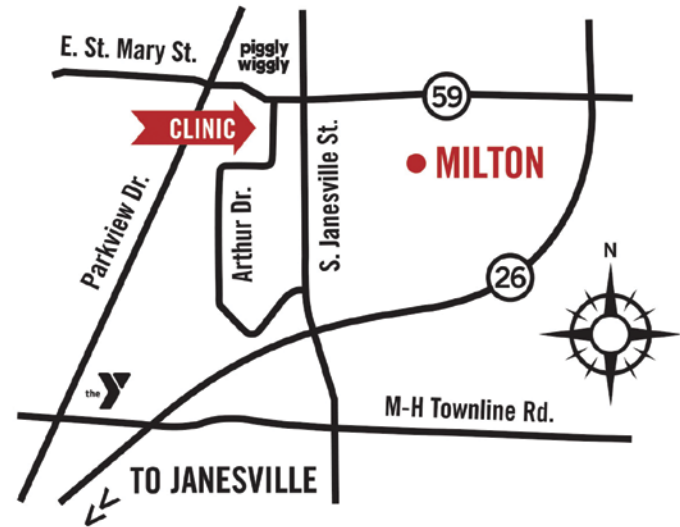
Monday – 7:30 a.m. – 4:30 p.m.

Tuesday – 8:00 a.m. – 5:00 p.m.

Wednesday – 10:00 a.m. – 6:00 p.m.

Thursday – 8:00 a.m. – 5:00 p.m.

Friday – 7:30 a.m. – 4:30 p.m.



TO SCHEDULE AN APPOINTMENT WITH A FAMILY MEDICINE PHYSICIAN, CALL **608-868-3526**.



Dr. Michael Schreiber and Dr. Karen Berger



Q&A WITH THE DOCTOR

Dr. Kurter sees patients at Edgerton Hospital the second and fourth Monday of each month.



Dr. Suleyman Kurter, Surgical Podiatrist, joined the Edgerton Hospital team earlier this year. Here he answers your most common questions about plantar fasciitis, one of the most common causes of heel pain. Plantar fasciitis involves inflammation of the thick band of tissue that runs across the bottom of your foot and connects your heel bone to your toes.

WHAT ARE THE SYMPTOMS OF PLANTAR FASCIITIS?

The most common symptom of plantar fasciitis is sharp heel pain when you begin to walk after a period of sitting or sleeping. After a few minutes, this pain can lessen slightly with activity but is usually present to a degree the whole day. Pain and symptoms can linger for months to even years. In certain extreme conditions, pain can progress to a point where walking can be close to impossible.

WHAT CAUSES PLANTAR FASCIITIS?

This heel pain usually does not come from a specific traumatic incident. There is usually an underlying biomechanical issue. Knowing this specific issue can help a patient prevent a reoccurrence.

WHAT ARE THE TREATMENT OPTIONS?

Treatment options range from daily stretching, supportive shoe gear and supportive inserts to steroid injections, anti-inflammatories and surgery.

WHAT IS YOUR APPROACH TO TREATING PLANTAR FASCIITIS?


I want to truly find the underlying cause of patients' conditions and treat them accordingly. I start conservatively with treatment, finding the most appropriate treatment for my patients. I also offer advanced therapies like surgical correction when indicated.

DO YOU THINK YOU MAY HAVE PLANTAR FASCIITIS OR ANOTHER ISSUE WITH YOUR FEET? IF SO, DR. KURTER IS NOW SEEING PATIENTS AT EDGERTON HOSPITAL THE SECOND AND FOURTH MONDAY OF EACH MONTH.



FOR MORE INFORMATION OR TO SCHEDULE AN APPOINTMENT, CALL 608-561-6657.

EDGERTON HOSPITAL CAPITAL FOUNDATION

This year, with the help of generous donors like you, Edgerton Hospital will do great things! If one of the  three areas listed below touches your heart, whether it's fighting cancer or ensuring comfort, please consider making a financial contribution. Let's kick off 2018 together with a generous spirit! Thank you!



Crushing Cancer

Through early **detection**

1 IN 8 WOMEN WILL DEVELOP INVASIVE BREAST CANCER OVER THE COURSE OF HER LIFETIME

3D DIGITAL MAMMOGRAPHY SYSTEM



**CAN YOU HELP US SAVE LIVES?
AMOUNT NEEDED: \$350,000**

Early detection is key when it comes to crushing cancer! With the latest advances in technology, 3D mammography is offering women a more accurate way to find abnormalities and determine which abnormalities may be important.

Women who receive a 3D mammogram are less likely to be called back for more testing due to a suspicious finding that turns out not to be cancer.

LET'S BRING THIS NEW TECHNOLOGY TO OUR COMMUNITY!



Our team has been touched by breast cancer, from left: Beth Kaufman, RCP, RPSGT (survivor), Ann Rudel, COTA (survivor), Dr. Gale Sisney, Radiologist, Tammy Stearns, RT (R)(M), Lucy Nordenstrom, RT (R)(M) (survivor), Sylvia Falk, CNA (survivor)

SIT BACK AND RELAX!

PATIENT MOBILE HEALTHCARE RECLINER

It's time to upgrade our patient rooms with reclining chairs that are designed specifically for patients to bring comfort during difficult times.



**CAN YOU HELP LIGHTEN SOMEONE'S LOAD?
AMOUNT NEEDED: \$48,000**

SAFE SURGERY

AESPIRE ANESTHESIA SYSTEM & PATIENT MONITOR

Our surgery department is working to update our anesthesia system. Our Goal: To offer our patients the best ever experience during their surgical procedure.



**CAN YOU HELP ENSURE SAFE SURGERIES?
AMOUNT NEEDED: \$79,000**

EASY WAYS TO GIVE:



BONNIE ROBINSON AT 608-884-1401



WWW.EDGERTONHOSPITAL.COM - MAKE A GIFT



EDGERTON HOSPITAL CAPITAL FOUNDATION
11101 N. SHERMAN RD., EDGERTON, WI 53534



Thank You!

A very special thank you for all the donations this year for the Medtronic Fusion ENT Navigation System!

HOME IS WHERE THE LAB IS



Teresa Cook, Medical Laboratory Technician (left), bonded with Theresa over two years ago at one of her first lab appointments. Since then, the two have developed a close friendship that extends outside of the hospital.

There's no place like home. But home doesn't always have to mean where you came from – it can be anywhere you're made to feel like family. Theresa Slein discovered this first-hand through her experiences with the Edgerton Hospital laboratory staff.

"I'm not from Edgerton originally and moved here in April 2014. When I first went to the lab, all of the staff there made me feel so welcome, I felt like I just belonged here," says Theresa. "They are all so caring and down to earth, and no matter what you are there for they do their best to make you feel comfortable."

Theresa has been seeing a lot of the laboratory "angels," as she calls them, this year. In May, she had gone to the hospital because she was feeling very ill and short of breath. Theresa discovered she had five pulmonary embolisms, a life-threatening condition that left her hospitalized for three days. Now, she must manage her illness with medication and frequent blood tests.

"It's essential for those of us that have what is considered a serious illness to have access to what is needed close to home," says Theresa. "It gives me great comfort to know that the Edgerton Hospital lab staff is there when I need them."

Along with a welcoming and friendly experience, Edgerton Hospital's advanced laboratory offers continuity of quality care. You'll find the same lab services and quality right here as you would at a larger hospital in another city. Plus, Edgerton Hospital has earned The Joint Commission's Gold Seal of Approval® for adhering to national standards for healthcare quality.

"I'm completely at ease when I go there because I know I am in great hands," says Theresa.

"Between the 11 laboratory techs we have on staff, we encompass nearly 250 years of experience right here in Edgerton," says Randy Archilletti, Laboratory Manager at Edgerton Hospital. "Not only are these professionals experienced, they are truly caring and concerned individuals with a passion for serving our patients.

"We are an extremely state-of-the-art lab with more than 95% of our testing being performed in-house," says Randy. "The Edgerton Hospital laboratory was recently re-accredited by The Joint Commission through a rigorous two-day onsite inspection to verify that we meet all current federal and state regulatory requirements."

“ AS MANAGER OF THIS LABORATORY, I AM MOST PROUD OF THE WORK THAT WE DO AND HIGHLY RECOMMEND OUR SERVICES.

- RANDY ARCHILLETTI, LABORATORY MANAGER

Although Theresa must manage her condition closely, she's grateful to be here and to have access to the care she needs, close to home.

"I'm just so thankful, grateful and blessed to be here to celebrate every day," she says. "And if anyone would like to experience a very positive, caring staff, they will find that at the Edgerton Hospital lab."

Request to have your lab draws and results read at Edgerton Hospital for convenience and exceptional care.



FOR MORE INFORMATION, CALL 608-884-1370.

THE NEED FOR SLEEP

Do you toss and turn at night, or have problems falling asleep or staying asleep? Do you have trouble staying awake and alert during the day? If so, you may be one of the estimated 50-70 million Americans who have a sleep disorder. And, while many sleep disorders can be treated, most of them go undiagnosed.

Studies have shown that those who suffer from sleep disorders tend to have higher rates of obesity, heart disease, high blood pressure and diabetes. Continued lack of sleep can also put you at risk for mood disorders such as depression and anxiety, poor concentration and poor judgment and falling asleep behind the wheel.

The Edgerton Hospital Sleep Disorder Center wants to ensure you are consistently getting the sleep you need to be healthy and happy. If you are suffering from a sleep disorder, the sooner you can begin treatment, the better it is for your health and well-being. That's why we can get you in to meet one-on-one with a sleep specialist within only four weeks of contacting us.

Don't wait any longer – schedule an appointment at the Edgerton Hospital Sleep Disorder Center and turn your sleepless nights around sooner than you could at another facility. Call 608-884-1390 to make an appointment.

COMMON SLEEP DISORDERS:

SLEEP APNEA

Soft tissues at the back of the throat relax during sleep and close the airway, causing you to stop breathing for short periods of time.

RESTLESS LEG SYNDROME (RLS)

A neurological disorder in which burning, creeping or tugging sensations in your legs cause you to move to try to relieve those feelings.

INSOMNIA

Difficulty falling or staying asleep, waking too early or not feeling refreshed upon waking.

NARCOLEPSY

A chronic neurological disorder that affects the brain's ability to control sleep-wake cycles. Symptoms include the overwhelming desire to sleep at inappropriate times or having the ability to fall asleep almost anywhere.

The Edgerton Hospital Sleep Disorders Center is nationally accredited by the American Academy of Sleep Medicine.

WAKE UP A NEW YOU!

Learn more about sleep disorders and treatment options at one of our FREE Physician Seminars on Sleep Disorders in February.

TUESDAY, FEBRUARY 6

6:00 – 7:00 p.m.

Edgerton Hospital
Classroom A & B

DR. RAED HAMED

TUESDAY, FEBRUARY 20

Noon – 1:00 p.m.

Edgerton Hospital
Classroom A & B

DR. MOHAMMED RIHAWI



RESERVE YOUR SEAT AT THIS FREE EVENT
BY CALLING KRIS AT 608-884-1609 OR VISIT
WWW.EDGERTONHOSPITAL.COM.



COMMUNITY SPOTLIGHT



COMING FULL CIRCLE

After living in North Carolina for 26 years, Cindi Swanson was ready to come back to her roots. An Edgerton native, she moved back to the area after her husband passed away.

“People might think it’s crazy, but I actually missed the snow,” laughs Cindi. “It was a difficult decision, but I am excited to be back. I have resumed a lot of wonderful relationships and friendships from the past.”

One of those relationships she’s rekindled is with Edgerton Hospital. Cindi herself was born at the hospital, and she had both of her children there. When she returned, she knew she wanted to give back to the community she came from. In addition, she had spent a lot of time in hospitals the past two years with her husband. So, she joined the Edgerton Hospital Board of Trustees, where she now serves as Secretary and Treasurer.

“I wanted to get involved in volunteering in some way, and I realized the hospital would be a great way to give back and reconnect,” says Cindi. “I was very impressed with the new hospital, especially the greenness of it all, like the Healing Garden and the geothermal equipment.”

Plus, Cindi has been able to use skills she developed in her careers as a physician recruiter and a mental

health counselor in her role on the Edgerton Hospital Board of Trustees. She is very involved in recruiting new physicians and specialists to the hospital and is involved with the quality group.

“We’re bringing in more and more specialists all the time, everything from pediatric dentistry to podiatry, so people who used to have to travel for care can now get it locally,” says Cindi. “We have such a good group of hands-on people on the Board and staff, people invested in seeing the hospital grow and succeed.”

“ I WANTED TO GET INVOLVED IN VOLUNTEERING IN SOME WAY, AND I REALIZED THE HOSPITAL WOULD BE A GREAT WAY TO GIVE BACK AND RECONNECT.

Cindi is involved in other groups throughout the community as well. She serves on the Board of Directors for the Edgerton Alumni Foundation and volunteers at Edgerton Books and Art, where she also teaches writing courses. A longtime freelance writer, Cindi is currently working on a memoir highlighting her husband’s journey through illness.

“It’s such a family community, so it’s really important to have support for things like education and health,” says Cindi.

EMPLOYEE SPOTLIGHT



On a day-to-day basis, Sherri helps Jim Schultz, CEO, and the rest of the administrative team with their schedules, meetings and communications. She is also instrumental in planning and coordinating many hospital events throughout the year, such as Ladies' Night Out, Breakfast with Santa, Nurses' Tea, Wear Red for Women, Men's Health Lunch and more.

In addition to these responsibilities, Sherri has an interest in gathering the history of the hospital. When moving to the new building, she found Board of Directors' meeting minutes and other documents from as far back as 1920.

“ I'M REALLY PROUD OF THE CARE THAT OUR NURSES AND DOCTORS PROVIDE TO THIS COMMUNITY, AND I AM SO HAPPY TO WORK WITH SUCH A GREAT TEAM.

“I love history, and it's fun looking at the pictures and learning how the hospital began,” says Sherri. “I hope to still be working for the 100th anniversary of the hospital in 2023, so I can be a part of planning the celebration!”

Sherri's penchant for planning carries over to her personal life, too. She and her husband enjoy entertaining for friends and family, including their four children and six – soon to be seven – grandchildren. She has also lent her talents to other community organizations throughout her life, including the Chamber of Commerce, Conservation Club, Heritage Day Board and as a cheerleading coach. These days, she uses her free time to pursue hobbies like camping, baking, crocheting and trapshooting.

As for her future, Sherri is looking forward to being involved with Edgerton Hospital's continued growth.

“We are getting more and more specialists to provide the care that the community needs, and I'm excited about the direction we're headed,” says Sherri. “I'm really proud of the care that our nurses and doctors provide to this community, and I am so happy to work with such a great team.”

BEHIND THE SCENES

To some, providing direct support to the CEO of a hospital would be an overwhelming job. For Sherri Paulson, it's perfect.

“I'm an organizer and a planner, so I love it,” she says of her role as executive assistant at Edgerton Hospital. “Every day is different, and we do a lot for the community, which I like.”

Her commitment to the role echoes these statements – Sherri has been the executive assistant for 20 years, working for seven different hospital CEOs.

“I've seen a lot of change, and we are so lucky to have such a nice hospital for a small community,” says Sherri. “My heart is in this hospital, and I love it.”

Edgerton HOSPITAL

AND HEALTH SERVICES

11101 NORTH SHERMAN RD.
EDGERTON, WI 53534

Affiliated with SSM Health

If you do not wish to receive solicitations of mailings from Edgerton Hospital or the Edgerton Hospital Capital Foundation, please e-mail ehhsinfo@edgertonhospital.com or utilize our toll-free number 1-800-884-3441. 3262

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WAKE UP A NEW YOU!

Join us for a free sleep disorder discussion!

TUESDAY, FEBRUARY 6
AND
TUESDAY, FEBRUARY 20

See page 8 for details!

Community Connection complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-608-884-3441.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-608-884-3441.

YOU HAVE CHOICES!

If you're tired of waiting to be seen by your family medicine physician or a specialist, you may have more options than you think! Edgerton Hospital and the Milton Clinic accept a variety of insurance plans and can get you in quickly.

INSURANCES ACCEPTED:

- Aetna – NEW!
- Alliance
- Anthem BCBS
- Cigna
- Dean Health Plan (select plans)
- ECOH Network
- Humana (select plans)
- Medicaid
- Medicare
- Physicians Plus Commercial Plans
- Multiplan Networks
- Quartz
- TRICARE
- UnitedHealthcare
- Unity (select plans)
- WEA Trust
- WPS

DON'T WAIT ANY LONGER – CALL TODAY TO MAKE AN APPOINTMENT.



EDGERTON HOSPITAL: **608-884-3441**
EDGERTON HOSPITAL MILTON CLINIC: **608-868-3526**

