

Community Connection



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Learn how your donation toward the Medtronic sinus surgery equipment can be doubled.
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CEO Update

It's hard to believe that the school year is coming to a close, and with summer drawing near, there are sure to be exciting adventures ahead! While the kids may be out, the staff at Edgerton Hospital is very much still in! Our team comes to work around the clock, ready to serve you with the care and compassion that you deserve.



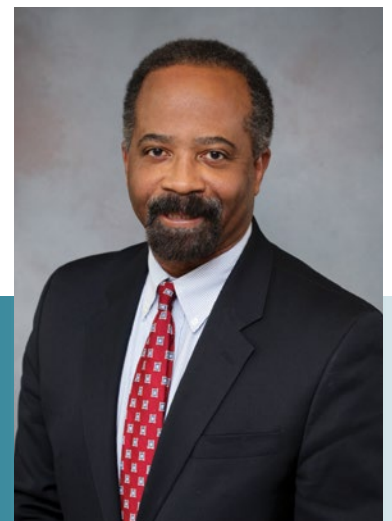
I'm pleased to share one of our new adventures – we've hired a new general surgeon, Dr. Pierre Charles. Dr. Charles brings a wealth of knowledge and talent to our surgical services department. With nearly two decades at Beloit Hospital, Dr. Charles has many local fans that were sad to see him go. But, luckily for our community, Edgerton is his new home, and just a short drive for his existing patients who have come to love him.

Having Dr. Charles on our team has also allowed us to offer a new service and treatment to our patients. He specializes in varicose veins, and we are now fully trained and equipped to perform these treatments at Edgerton Hospital. Dr. Charles was recently added to the Dean Health Plan, so he is ready to accept most Dean Health Plan patients, along with a variety of other insurances. We're so pleased to be able to share this outstanding surgeon with our community!

– Jim Schultz, CEO

Introducing Dr. Pierre Charles, Jr.

Dr. Charles joins Edgerton Hospital as a general surgeon, available to perform several surgical services including hernia repair, varicose vein treatment, gallbladder removal and much more. He received his medical degree from Louisiana State University School of Medicine and Health Science Center in New Orleans and completed his fellowship and residency through the University of California-Los Angeles at LA County, Martin Luther King Jr. and Harbor Hospitals.



To make an appointment with Dr. Charles, call **608-561-6657**.

Get a Leg Up on Varicose Veins

New service at Edgerton Hospital!

Do varicose veins cause you pain or make you embarrassed to show your legs? Don't let painful and unsightly varicose veins get in the way of living your life. You can now receive varicose vein laser treatment right here at Edgerton Hospital!

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General surgeon Dr. Pierre Charles is now scheduling VenaCure EVLT™ procedures for varicose veins, right here for your convenience. Look better and feel better without having to travel far for treatments.

Dr. Charles is able to perform treatments right in his office in less than an hour – no hospitalization or lengthy recovery required! With VenaCure EVLT laser treatment, you'll experience minimal to no scarring and an immediate return to your normal routine. Plus, the procedure may even be covered by your insurance.

Get a leg up on varicose veins! To schedule an appointment, call **608-561-6657** or visit **www.edgertonhospital.com**.



Community Spotlight

When Roots Run Deep

The connection Jeff Roethe has to the community of Edgerton is stronger than most – after all, his family has lived in the area for nearly 160 years, and he’s the fourth generation of attorneys at Edgerton-based Roethe Pope Roethe law firm. These roots have inspired Jeff to give back to the community that has given his family so much.

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“The people are what’s important about Edgerton,” says Jeff. “It’s a small community, but also a very dynamic community. The way people can come to this community and get welcomed and become part of it is very important.”

Jeff has been a fixture of the Edgerton community in both his professional and personal life. After receiving his law degree from the University of Madison and serving in the U.S. Army, he returned to the area in 1973 to join his family’s practice. Since then, he’s served as a municipal judge and city attorney, as well as remained active in many community organizations such as the Rotary Club and the Edgerton Hospital Capital Foundation. He and his wife, Kay, raised their three sons right here in Edgerton.

One of his proudest accomplishments, however, was helping the Edgerton Hospital Capital Foundation raise funds for building the new Edgerton Hospital facility.

“It’s such a beautiful facility,” says Jeff. “Healthcare seems to focus on big communities, but it’s important for communities like ours to have access to the services needed to keep people healthy as well. I’m happy that I’ve always been a supporter of the hospital so we could have that.”

As Edgerton Hospital’s fundraising organization, the Capital Foundation raises funds to help the hospital pursue special projects, stay up-to-date with medical technology and ensure the community has access to the best care possible. Currently, Jeff is a board member of the Foundation.

“The Foundation is important because the hospital is such an important resource for this community,” says Jeff. “It’s always been my primary goal to make sure that it stays prosperous and functioning to serve the people of Edgerton.”

Jeff is pleased by what he sees as exceptional care and leadership at Edgerton Hospital. “My two neighbors were in the hospital last summer, and they just received fantastic care,” he says. “I had cardiac rehabilitation at Edgerton last year, and it was nothing short of world class. Jim Schultz, the CEO, has done a spectacular job operating the hospital.”

For more information about the Edgerton Hospital Capital Foundation, visit www.edgertonhospital.com/foundation or call **608-884-1401**.



Fred Falk (left) and Jeff Roethe (right) keep time each year for the Victory Fun Run/Walk. This photo is from the hospital’s run in 2014.

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Edgerton Hospital Capital Foundation



Thanking the Shearer Family for 70 Years of Support

Matching Gifts in Honor of the Shearers

The Edgerton Hospital Capital Foundation extends a heartfelt thank you to Bob Shearer, who is carrying on his family's legacy by generously supporting Edgerton Hospital. Most recently, Bob Shearer has offered to match gifts in honor of his late parents, Dr. Thomas Shearer and Mrs. Lois Shearer. What does this mean for YOU? It means that now is a great time to give, as your gifts will be matched – or doubled!

“My parents were involved in the hospital for as long as I can remember,” says Bob. “Not only was my dad on staff and on the hospital board, but my mom was a hospital auxiliary member.”

Bob has already donated an operating suite in his father's name, as well as a hospital room in both of his parents' names. Now, he's funding matching gifts to help the hospital acquire a Medtronic Fusion Ear, Nose and Throat Navigation Surgical System.

“I do so in honor of my parents, two people who have cared not only for their family, but also for the community in which they lived.”



Bob Shearer

Dr. Thomas Shearer – Our Roots to Hometown Care



Dr. Thomas Shearer

Some may say that Dr. Thomas Shearer, born in Edgerton in 1926, was the epitome of a “hometown doctor.” The Shearer name painted itself as the picture of quality community care: Tom's father was a doctor in Edgerton for 40 years, as well as three other family

members. Following their lead, Tom practiced as a physician and surgeon for nearly 50 years, with much of that time spent in Edgerton.

Today, Edgerton Hospital still strives for the hometown values that Dr. Shearer inspired so long ago. Finding quality care locally is something that cannot be taken for granted, and we thank Bob for honoring his parents and his commitment to ensuring that healthcare in Edgerton will be available far into the future, just as Dr. Shearer wished it to be.

Breathe Life into Your Community

Donate today to help us purchase the Medtronic Fusion Ear, Nose and Throat Navigation System, and Bob Shearer will match your amount – doubling your impact!



To make a donation, please visit www.edgertonhospital.com or contact Bonnie Robinson at **608-884-1401** or brobinson@edgertonhospital.com.



Take Back Your Life

Orthopedic Services at Edgerton Hospital with Dr. Scott Anderson

Dogs don't understand when you can't play with them because of an injury. And, looking at those sad puppy eyes while you are stuck on the couch can be heartbreaking. That's why Monica Hunt – as well as her rescue labs Sandy and Maggie – were glad she turned to Edgerton Hospital for help when she injured her shoulder.

“My surgery was at the end of October, and I finished my physical therapy in April,” says Monica. “They've helped me get back to where I used to be.”

Monica saw Dr. Scott Anderson at Edgerton Hospital's Orthopedic Clinic for a shoulder injury. Dr. Anderson provides orthopedic surgery consultations to help patients determine the best treatment plans for their injuries, including surgical and non-surgical options. In addition, he performs shoulder replacements, knee and hip replacements, shoulder repair, meniscus repair and more. Dr. Anderson sees patients at Edgerton Hospital for a variety of conditions and treatments, including:

- Degenerative joint disease (arthritis) of the hip, knee and shoulder
- Ligament and meniscal tears of the knee
- Labral and rotator cuff tears of the shoulder
- Shoulder impingement and rotator cuff tendonitis
- Rotator cuff tear arthropathy
- Post-surgical evaluations
- And more

Monica sought help from Dr. Anderson when she broke her arm and tore her rotator cuff – ironically, an injury that happened when one of her labs accidentally knocked her over. Luckily, Dr. Anderson was also able to perform her shoulder repair as well.

“He's very caring,” says Monica. “It was convenient to see him in Edgerton first.”

After the surgery, Monica started physical therapy at Edgerton to get back to her normal life – and playing with her dogs. “I missed interacting with them so much,” says Monica. “When I was laid up, I couldn't do anything, and it was terrible. So physical therapy helped me a lot.”

“It was very convenient to do my therapy at Edgerton, and they have an excellent team here. If you put forth the effort and do what they tell you, you will see an improvement,” she says.

Now, Monica is back to enjoying retired life and, of course, playing with Sandy and Maggie.

To schedule an appointment with Dr. Anderson, call **608-561-6657**.



“It was very convenient to do my therapy at Edgerton, and they have an excellent team here. If you put forth the effort and do what they tell you, you will see an improvement.”

Exceeding Expectations



Patient Bob Johnson and Edgerton Hospital CEO Jim Schultz enjoy a cup of coffee in the hospital cafeteria.

“The staff was the most pleasant I have ever experienced.”

When you ask someone how their hospital stay was, you don't expect to hear “pleasant,” “excellent” and “mini-vacation.” But when you ask Bob Johnson about his time at Edgerton Hospital, those are exactly the words he uses.

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“As an inpatient, the staff was the most pleasant I have ever experienced,” says Bob. “They were attentive and even brought humor to the situation every day. The chef at the hospital is excellent. I told one of the nurses there that it kind of felt like I was on a mini-vacation.”

This was not a planned vacation, however. Bob first went to the emergency department in Janesville for extreme pain and swelling in his ankles. He spent five days there, where they determined he was suffering from gout, a type of painful arthritis caused by extra uric acid in the blood. Gout can cause swelling and pain in joints and can last a few days or many weeks.

“After they figured out it was gout, they asked me where I wanted to go for swing bed care and rehab,” remembers Bob. “I told them I'd like to go to Edgerton Hospital.”

Swing bed, or short-term rehab, is an inpatient program that helps facilitate a smooth transition between acute care and returning home. Bob's gout wasn't putting him in immediate danger, but he still needed to be in a hospital setting with 24-hour skilled care available and physical rehabilitation as he recovered. After he returned home, Bob continued physical therapy as an outpatient.

“The therapy staff was excellent,” he says. “They push you [to do] as much as you can to get the best benefit out of the work and to get you back to being healthy as quickly as possible.”

Not only did Bob make new friends during his stay, but he also reconnected with an old friend – Jim Schultz, CEO of Edgerton Hospital, who used to be Bob's high school wrestling coach.

“He is a very dedicated man,” says Bob. “I found him at the hospital at all hours of the day and night and on weekends, visiting with patients, talking to the staff. He's very dedicated to making Edgerton Hospital one of the finest experiences you could have at a hospital.”

For more information about short-term rehabilitation at Edgerton Hospital, visit www.edgertonhospital.com or call **Patient and Family Services** at **608-884-1490**.

Get Out and Grill

Wednesday, June 28
11 am – 1 pm at Edgerton Hospital

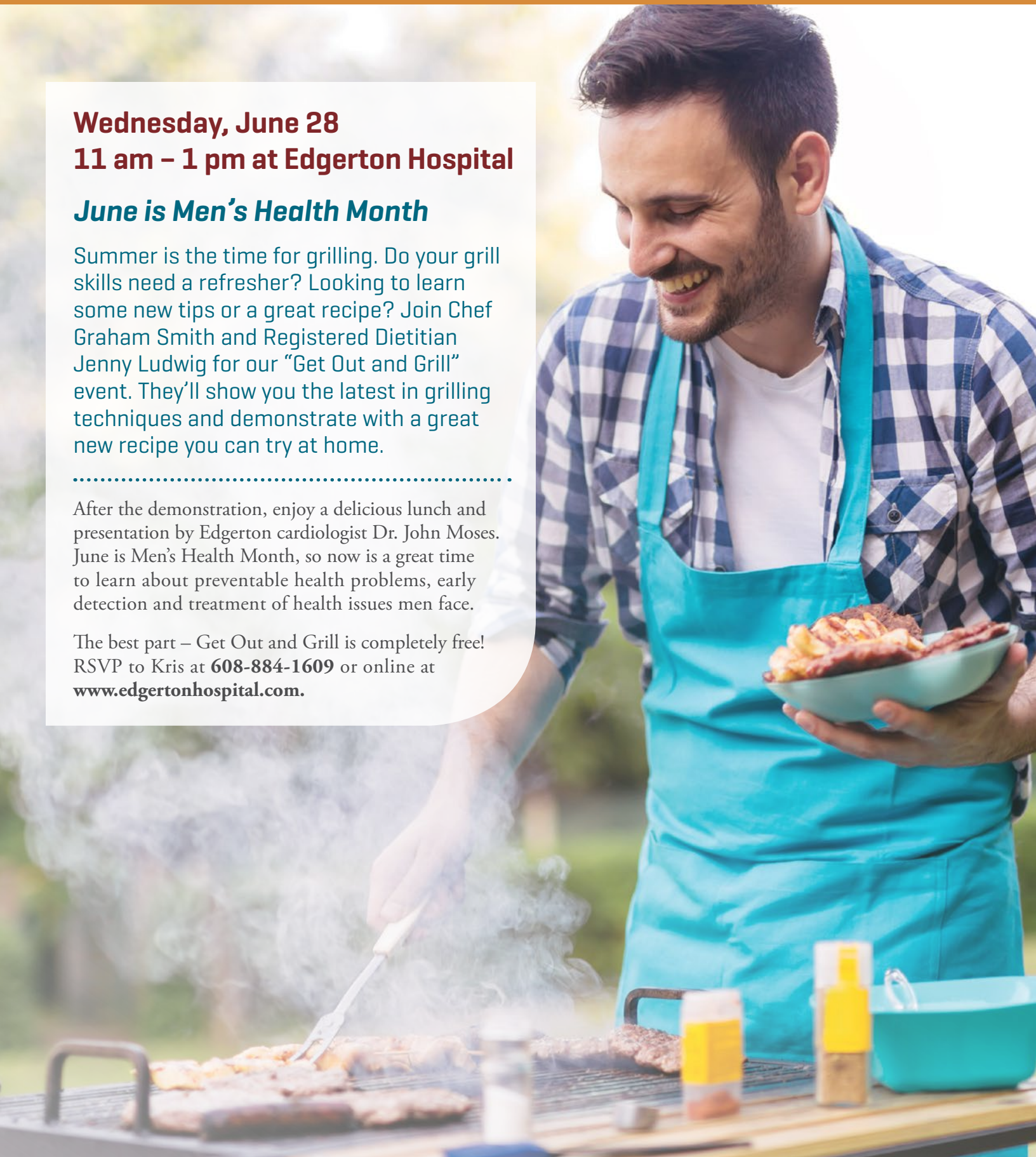
June is Men's Health Month

Summer is the time for grilling. Do your grill skills need a refresher? Looking to learn some new tips or a great recipe? Join Chef Graham Smith and Registered Dietitian Jenny Ludwig for our "Get Out and Grill" event. They'll show you the latest in grilling techniques and demonstrate with a great new recipe you can try at home.

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After the demonstration, enjoy a delicious lunch and presentation by Edgerton cardiologist Dr. John Moses. June is Men's Health Month, so now is a great time to learn about preventable health problems, early detection and treatment of health issues men face.

The best part – Get Out and Grill is completely free! RSVP to Kris at **608-884-1609** or online at **www.edgertonhospital.com**.



Hospital Happenings

Thank you to those who attended two of our recent events – Ladies' Night Out and the Kids' Safety Safari!



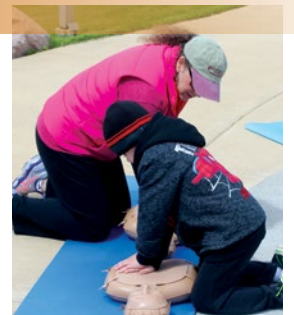
Ladies' Night Out

We were pleased to host over 300 guests at this fun, Hollywood-themed event! There were spa services, shopping vendors, delicious food, health screenings and, most importantly, critical information to keep you well! Our new surgeon, Dr. Charles, even stopped by to discuss varicose vein treatments and how the procedure has evolved over the years. Our guests were able to visit all areas of the hospital and experience firsthand the quality services available locally. When a medical need arises, we hope that you will consider the team at Edgerton Hospital.



Kids' Safety Safari

It was a beautiful morning for a safety fair! We had over 130 kids and their families visit the hospital to learn about bike, boating and ATV safety; get fingerprinted; and receive free helmets and water bottles. And, we can't forget the games, crafts, lunch and jumpy house! Everyone was excited to see the UW Health Med Flight helicopter and visit with a variety of medical professionals. We hope that everyone was able to leave with the tools to have a safe and healthy summer!



Patient Spotlight

When Fate Steps In

Sometimes fate steps in to bring people together when they need it the most. For Ken Olander and Don Reed, fate made sure they weren't alone as they recovered from an uncommon procedure at the same time.

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Ken and Don, who both have heart failure, each had left ventricular assist devices installed in March at UW Hospital in Madison. "The surgery is for patients whose left ventricle can no longer sufficiently pump blood throughout the body, causing severe illness. The device helps circulate blood to where it needs to be," said Sue Kindschi, cardiopulmonary services manager.

Installing left ventricular assist devices isn't a common procedure, and Edgerton Hospital is one of only three medical facilities in the state that offers inpatient rehabilitation for those who have had the surgery. So it was unusual that two of the only four patients this program has served so far – Ken and Don – rehabbed together. This coincidence – or act of fate – ensured that the two men had the support they needed to get through the program.

The two men, who had their surgeries back to back in Madison, became close friends in rehab. Neither expected to be there with someone who knew exactly what they were going through.

"It hasn't been an easy process," Don said. "But I definitely feel better than I did when I first got here. It takes time."

In rehab, Ken and Don worked their arms on hand bikes, stretched with large rubber bands and used rolling pins to flatten thick putty. For 90 minutes in the morning and 90 minutes in the afternoon, they worked to regain their strength and stamina.

"I've got his address; he's got mine," Don said. "We're going to keep correspondence back and forth and send pictures to each other. That will be neat."

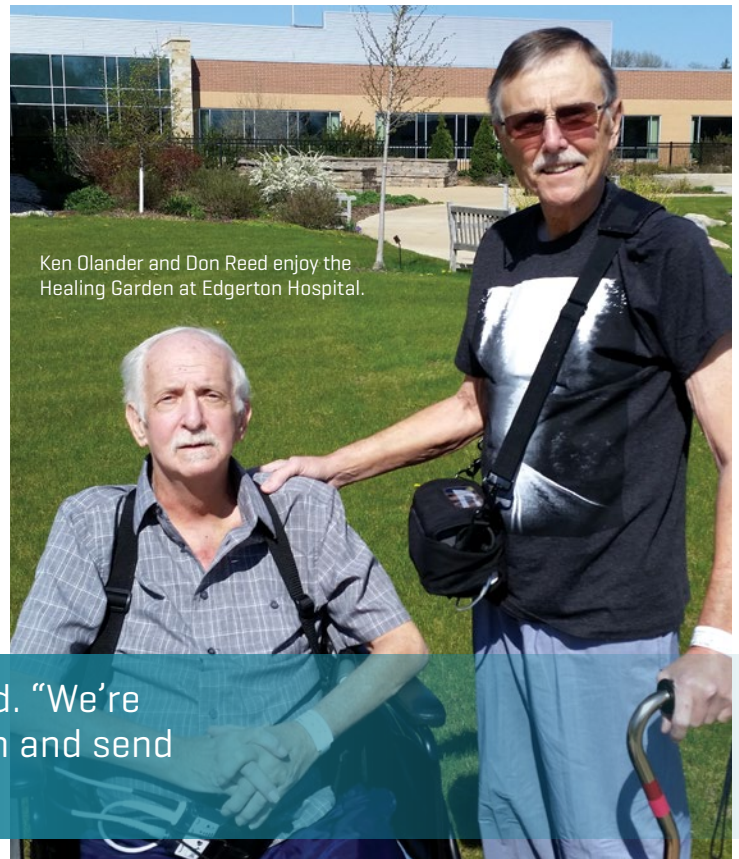
"They make you work," Ken said. "It's not just sitting there. You're working."

Ken, a Janesville resident, said his heart was within days of finally giving out. He's similar to Don, who said doctors told him he needed a pump within two weeks to survive.

Both men praised Edgerton's clinical staff for offering an intense and supportive rehab program. Their faith and unexpected friendship helped them persevere through rehab's emotional toll.

"It's very inspiring to see how quickly they bonded and how they helped motivate each other and how open they are with sharing their experience both physically and emotionally," Sue said. "Imagine how emotional it is to have a mechanical pump running your heart and knowing your days would be numbered if you didn't have it."

Don and Ken will try to get on the heart transplant list once they are ready. And though Don will eventually return to his small Illinois town, a six-hour drive away from Edgerton, the new friends plan on staying in contact with each other.



Ken Olander and Don Reed enjoy the Healing Garden at Edgerton Hospital.

Employee Spotlight

A Career of Caring for Her Community

Cindy Buhrow, LPN, doesn't just care about her community – she's dedicated her career to caring for the people in it. Since 1976, Cindy has spent most of her nursing career providing compassionate care at Edgerton Hospital clinics.

Cindy got her start at Edgerton Hospital early, working as a certified nursing assistant (CNA) while she went to nursing school. She became a licensed practical nurse in 1978 and has since worked at both the Edgerton and Milton clinics.

“The thing I most enjoy about being a nurse is getting to know and care for our patients,” says Cindy. “They come to see us generally at their worst, and it feels good to be able to help them, even if it's just a little.”

Part of that nursing care has increasingly included patient education. As the healthcare field moves toward a focus on disease prevention, Cindy has embraced the role of patient educator to help members of her community lead healthier lives.

When she's not at work, Cindy enjoys spending time with her children and grandchildren. She also loves photography, traveling and cheering on the Badgers and Packers.

For the past 11 years, Cindy has worked at the Milton Clinic, currently with Dr. Karen Berger and Dr. Michael Schreiber. She enjoys the relationships she's made there and when she worked at the former Edgerton Clinic.

“The best thing about working for Edgerton Hospital is the friendships you gain along the way,” she says. “Your coworkers really become an extended family.”

Edgerton Hospital is lucky to call Cindy a part of its healthcare family. Dedicated, caring nurses like her have made us the exceptional community hospital we are today.



Speak Up

Become a Partner in Your Healthcare

Many people go to the doctor ready to just listen and let the doctor take the lead. But the best patient-doctor relationships are partnerships. You and your doctor can work together as a team that includes nurses, physician assistants, pharmacists and other healthcare providers to address your medical problems and keep you healthy.

Dr. Karen Berger and Dr. Michael Schreiber, Edgerton Hospital's family medicine physicians located at the Milton Clinic, understand this. They are here to be partners in your care and will take the time to understand your health concerns and problems. Your primary care doctor will help you make medical decisions that suit your values and daily habits and will keep in touch with any other specialists you may need.

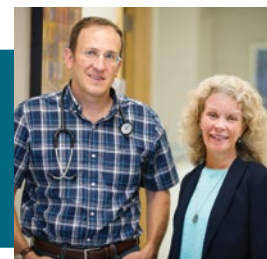
When you meet with your primary care doctor, make sure you have a basic plan of what you want to discuss.

It may be helpful to write down any questions or concerns you have and bring them with you to the appointment. Make sure you bring a list of all of the medications you take – including over-the-counter drugs and vitamins or herbal supplements. Good communication is the key to good healthcare.

If your doctor is describing something you don't understand, don't be afraid to ask questions. Speak up if you would like to hear about alternative options – our primary care physicians want to work with you to help you improve your health.



To make an appointment with Dr. Berger or Dr. Schreiber, call 608-868-3526.





11101 North Sherman Rd.
Edgerton, WI 53534

Affiliated with SSM Health

If you do not wish to receive solicitations of mailings from Edgerton Hospital or the Edgerton Hospital Capital Foundation, please e-mail ehhsinfo@edgertonhospital.com or utilize our toll-free number 1-800-884-3441. 3172

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EDGERTON HOSPITALS ★ 7TH ANNUAL
VICTORY FUN
RUN ★ WALK
 ★ ★ ★ ★ ★ 2017

RUN. WALK. SUPPORT.
Saturday, September 16th
10K Run, 5K Run, 5K Walk
8:30 a.m. Start
Register: <http://edgertonhospitalvictoryfunrunwalk.blogspot.com/>

Community Connection complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-608-884-3441.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-608-884-3441.

The Healing You Need – Wound & Ostomy



Living with a painful, chronic wound? Getting the right help can make it go away – and you don't have to go far. Edgerton Hospital offers the most advanced wound treatment techniques and care plans available at our Wound & Ostomy Care Clinic.

When wounds don't respond to normal medical care within 30 days, they require a specialized healing environment and care protocol unique to the wound. And that's where Edgerton Hospital and the expert team at the Wound & Ostomy Care Clinic make all the difference. Our custom, interdisciplinary treatment approach addresses not only the wound, but also total patient health to help prevent recurrence.

If you have any of the following conditions, Edgerton Hospital's Wound & Ostomy Care Clinic can help with any non-healing wounds you may develop:

- Burns
- Complications with surgical incisions
- Compression therapy
- Diabetes
- Incontinence management
- Peripheral vascular disease
- Peristomal skin complications
- Pressure injuries
- Traumatic injury
- Venous and arterial ulcers
- Wound vac therapy



For more information on wound or ostomy care, call Sandy Bjornstad, RN, at **608-561-6628** or visit www.edgertonhospital.com.