

Community Connection



***Big City Skills,
Small Town Care***

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Top Notch Healthcare Around the Clock

Edgerton's ER Doctors are prepared for any situation

Annual checkups are important, but occasionally immediate health situations arise when we least expect them. Broken bones, illnesses, lacerations and pain are all common problems treated in the Emergency Room and Urgent Care at Edgerton Hospital.

Our ER and Urgent Care departments are staffed by board certified experts who have extensive experience in trauma care. They are committed to providing you with a comprehensive and safe experience.

If you experience a medical condition requiring urgent attention, you can rest easy knowing you will be in the care of one of these dedicated physicians.

The ER and Urgent Care at Edgerton Hospital are staffed 24 hours a day, 7 days a week by emergency physicians and nurses and each have full access to laboratory and medical imaging services.



If you or a loved one requires immediate medical attention, visit the **Edgerton Hospital ER or Urgent Care**, or call 911 for **life-threatening conditions**.

Big city skills. Small town care.



Brian Stubitsch, MD, Medical Director of Emergency Services and Chief Medical Officer, is a UW Med Flight Physician, the Director of Trauma Services, and a Clinical Assistant Professor.



Rajvinder Bindra, MD, has practiced medicine for nearly 30 years and, in addition to his emergency experience, he trained and completed a residency in ophthalmology.



Mark Bruce, DO, FACEP, serves as a Battalion Surgeon in the United States Navy and is an Emergency Physician Ambassador to Belize through the American College of Emergency Physicians.



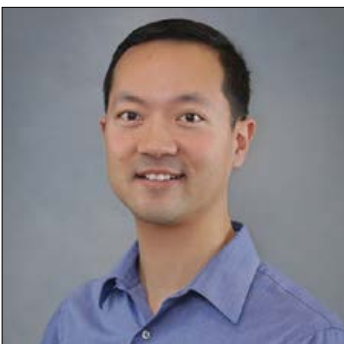
Joseph Donofrio, MD, served as EMS Director for the Towns of Brookfield and Butler for 18 years. He has practiced medicine for nearly 40 years and has extensive experience in critical care.



Kip Kircher, MD, MBA, FACEP, another UW Med Flight Physician, is an Emergency Physician with Madison Emergency Physicians and a UW Assistant Professor of Emergency Medicine.



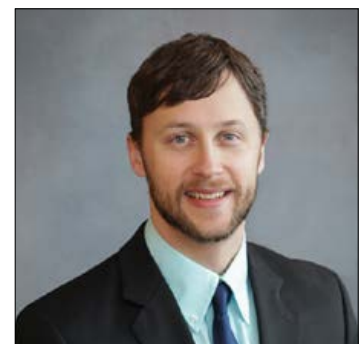
Robert Miller, MD, received his medical degree from the University of Illinois-Chicago and is an Emergency Physician at Sanford Aberdeen Medical Center, one of the largest health systems in the nation.



Joshua Mou, MD, has been trained in Emergency Medicine at Loma Linda University Medical Center, one of California's busiest trauma centers, and has practiced Emergency Medicine for over eight years.



Darren Pipp, MD, has over 16 years experience as a full-time Emergency Physician, is Director of Emergency Services for Monroe Clinic, and has extensive experience in EMS and trauma care.



Joseph Williams, MD, graduated from the University of Minnesota Medical School. He has nine years of experience in Emergency Medicine working at large Level I trauma centers.



Edgerton Hospital's Surgical Services Team: From left, Karen Greene, CST, Rose Tordoff, RN, Dr. Pierre Charles, Shari Adrian, RN and Patty Olson, RN (not shown, Mary Burke, RN).

Bringing The Best to Edgerton

Introducing Dr. Pierre Charles Jr., General Surgeon

Edgerton Hospital offers a variety of surgical options featuring state-of-the-art equipment and top quality, highly skilled surgeons. We recently welcomed a new general surgeon to Edgerton.

Dr. Pierre Charles Jr., a graduate of Xavier University in New Orleans, LA, joins us to continue a 23-year career in medicine. After college and medical school in New Orleans, Dr. Charles completed his residency at UCLA and began his career in Willmar, MN. He joined Beloit Health System in 1996, where he practiced general surgery for 20 years. Dr. Charles covers all areas of general surgery, including laparoscopic, peripheral vascular, dialysis access, Level II and Level III trauma, and more. He enjoys playing the piano, sailing, aviation, and traveling with his family.

Dr. Charles specializes in many common and advanced surgeries at Edgerton Hospital. One of those procedures he wants to educate the public on is treatment for varicose veins.

Varicose Veins: Varicose veins, a condition in which your veins are swollen, twisted, or enlarged, are often surgically repaired. They require surgery when treatment is ineffective, symptoms like pain and poor circulation continue after treatment, or for voluntary cosmetic reasons. Common procedures for varicose veins include sclerotherapy, vein stripping, high ligation, laser surgery, ambulatory

phlebectomy, and more. Varicose vein procedures are usually outpatient procedures, but can result in a hospital stay depending on the severity of the patient's condition.

Dr. Charles provides other surgical treatment including:

- Hemorrhoid surgery
- Skin cancer removal
- Breast biopsies
- Gall bladder surgery
- Hernia repair

"I decided to join Edgerton Hospital because of the impressive culture and staff and the strong sense of community," says Dr. Charles. "I'm excited to begin and look forward to giving patients an overall excellent experience."

We are excited to add this exceptional surgeon to our already phenomenal medical staff at Edgerton Hospital. The surgery team offers innovative surgical care for your medical needs and ensures you will have a safe and comfortable experience during your hospital stay or visit. ●



Call **608-561-6657** to set up an appointment to discuss surgery with Dr. Charles

Why Wound Care?

It is estimated that approximately 1%-1.5% of the population suffers from a problem wound. Wound care specialists provide evaluation and treatment for many types of wounds including abrasions, lacerations, puncture wounds, arterial, venous and diabetic wounds.

Wounds can be caused by trauma or an underlying condition such as diabetes or poor circulation to areas of the body. It's important to diagnose the cause of a wound to prevent further symptoms related to the condition.

What can I expect?

In your first appointment with a wound nurse specialist, they will examine and measure your wound, determine why the wound isn't healing on its own, and offer treatment options to guide you to a full recovery.

How do wounds occur?

Wounds can be caused by medical conditions or injuries. Diabetes and vascular disease are the leading causes of wounds in the U.S. Diabetes can affect every organ in the body including the skin, which prevents wounds from healing properly after they appear. This can lead to infection or, in extreme cases, amputation.

How can I prevent non-healing wounds?

- See your doctor for a referral to a wound specialist if you have a non-healing wound. A wound specialist will use a holistic, comprehensive approach that considers all factors that are keeping a wound from healing.
- Wear proper footwear in any given situation to avoid stepping on nails or glass.
- Try to maintain a nutritious diet, because when your body doesn't receive enough nutrients, it has a harder time healing wounds. Increasing your intake of protein will help with wound healing.

What treatments are there?

Treatments for non-healing wounds can include:

- Medications and specialized dressings
- Physical therapy
- Nutritional management
- Skin or tissue grafting
- Infectious disease and diabetes education
- Vascular studies



What to know about non-healing wounds

Edgerton Hospital is holding group discussions with wound/ostomy specialist and registered nurse Sandy Bjornstad to discuss how to get your life back when dealing with non-healing wounds.

The discussions are free and anyone seeking more information about wound care and evidence-based advanced treatments is welcome to come!

Where:

Edgerton Hospital: Classroom A

When:

Tuesday, Feb. 7, 9:00 – 10:00 a.m. and
Thursday, Feb. 23, 6:00 p.m. – 7:00 p.m.

Register:

Call 608-884-1609 or register online
at edgertonhospital.com



Call **608-561-6628** to find out how to schedule an appointment at Edgerton Hospital's Wound Clinic or visit **edgertonhospital.com**



Take Comfort in Edgerton Hospital's Specialty Services

It can be tough to schedule a visit to an out-of-the-way specialty clinic for your health needs if you don't have enough time in the day. That's why at Edgerton Hospital, we offer top quality specialty care, so you don't have to travel far for evaluation and treatment.

Because we want our community to have access to the most comprehensive services possible, we've brought in a skilled team of specialists to see patients at the hospital. From sleep disorders to orthopedics, these specialists provide individualized care to ensure your comfort and satisfaction in a hospital visit.



CARDIOLOGY
Dr. John Moses
608-561-6657



**EAR, NOSE & THROAT/
SLEEP DISORDERS**
Dr. Danny Yaish
920-885-5225



GENERAL SURGERY
Dr. Pierre Charles, Jr.
608-561-6657



ORTHOPEDICS
Dr. Scott Anderson
608-561-6657



**PULMONOLOGY/
SLEEP DISORDERS**
Dr. Michael Katzoff
608-884-1390



**PULMONOLOGY/
SLEEP DISORDERS**
Dr. Raed Hamed
608-884-1390



**PULMONOLOGY/
SLEEP DISORDERS**
Dr. Mouhammed Rihawi
608-884-1390



**MILTON CLINIC -
FAMILY MEDICINE**
Dr. Karen Berger
608-868-3526



**MILTON CLINIC -
FAMILY MEDICINE**
Dr. Michael Schreiber
608-868-3526

WOUND CARE CLINIC

Sandy Bjornstad,
RN, OMS, WCC

Anne Kolasch,
RN, WCC

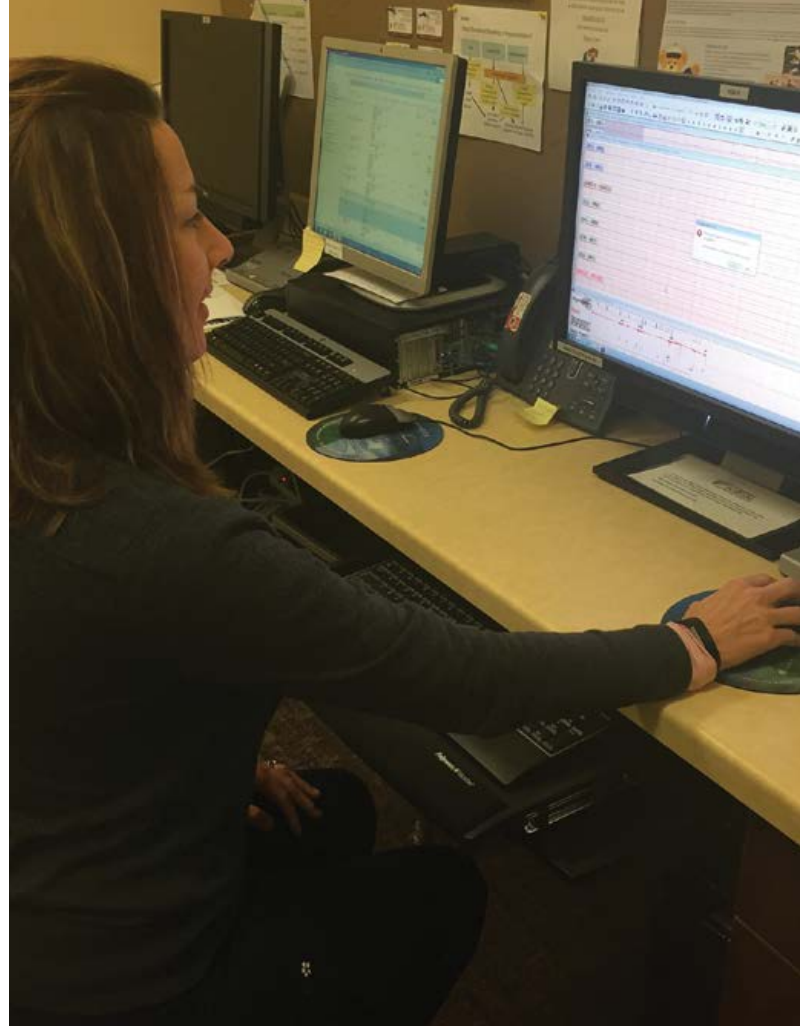
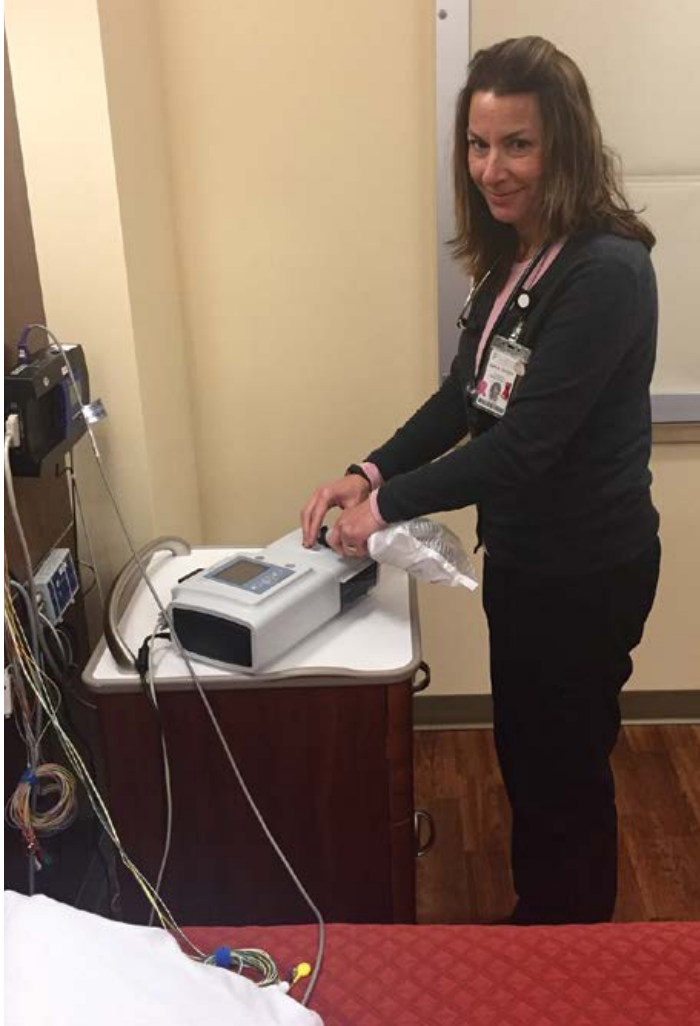
Kelly Zelenski,
CWCN

Sherri Miser Glish,
RN, WCC
608-561-6628

Specialty care close to home!



To schedule an appointment with one of our specialists, please call the direct appointment lines listed above, or visit www.edgertonhospital.com.



Edgerton Hospital's Registered Sleep Technologists, like Beth Kaufman, RPSGT, prep the sleep study room to ensure a comfortable and safe stay for patients.

Changing the Things You Can Putting sleep apnea to bed

Rebecca Zigler knew she had health issues, but she was positive sleep apnea wasn't one of them.

"I didn't snore," she recalls. "And that's a common misconception: that if you don't snore you don't have sleep apnea. I insisted that I had no sleep apnea!"

Rebecca has a lung condition, so she sees medical professionals on a regular basis. She is dependent on an oxygen tank, had headaches, and some memory problems, but all those things, she thought, were because of her lung condition, not sleep apnea. Nevertheless, her doctor suggested ruling it out.

As it happened, Rebecca did indeed have sleep apnea. She discovered, with the help of the sleep lab and specialists at Edgerton Hospital, that she was hyperventilating during sleep.

"I was actually getting about a third of the sleep that people usually get," she says. "It shows how a person can get used to anything. I thought I was fine."

"The CPAP machine took some getting used to," says Rebecca. "It probably took me 25 days. But it was worth it. Now I can't sleep without it. It took away my tiredness and my memory has improved some, too. Overall, I feel like my health has improved a million times over."

With a lung condition that has put her on the transplant list, Rebecca has a lot of reasons to get down. But she doesn't. And getting better sleep has definitely helped her mood and her outlook on life.

"I got out of a situation at work where I would have gotten lung cancer and died," she says. "So I say, 'You're okay, it's not so bad. Other people have it much worse.'"

Rebecca also appreciates the feeling of home that she gets when she is at Edgerton Hospital. "Everyone at Edgerton has been so good to me. The people really care about me. Dr. Yaish has taken the time to get to know me as a person. Everyone is friendly and genuine. It's a very homey hospital." ●

Home is Where the Lab Is

For over 30 years, Sharon Maratik, Medical Technologist at Edgerton Hospital, has been providing accurate, comprehensive, and timely results for patients while working in the laboratory.

As a Medical Technologist in the lab at Edgerton Hospital since 1985, Sharon has seen her fair share of changes through the years.

“Instead of having more hands-on testing, we are more automated and there is more analytical instrumentation in the lab,” Sharon says. “With this comes more paperwork, procedures, and government involvement, however, we still have to interpret the answers we’re getting and produce results in a timely manner.”

Some lab results do not always have a positive outcome for patients, but Sharon hopes that the information they provide helps them in their recovery. She knows the accurate lab results can help the physicians make the right medical decisions – in fact, 70% of all patient diagnoses are based on lab results.

Sharon enjoys each day at work because of the patient interaction, the Edgerton Hospital staff, and the constant change and education in a laboratory setting.

“Every day you learn something new in laboratory medicine,” says Sharon. “There’s always something that’s changing, always something to improve.”

Sharon and her husband John have been married for 30 years and have a daughter and son, ages 24 and 21, and a dog named Gracie and a cat, Kiki. When she’s not at the lab identifying samples and using cutting-edge technology, Sharon enjoys gardening, crafts, walking, and spending time with family.

Originally from Portage, WI, Sharon loves living in Edgerton and the familiarity of the community. She is extremely close to the other staff members at Edgerton Hospital and is proud of the work they do.

“I love the close-knit atmosphere at Edgerton Hospital, I’ve worked with some of these people for a long time – it’s like a second family here.”
-Sharon Maratik

Sharon will continue producing high quality test results in the laboratory, working hard to learn something new every day while helping patients take control of their health care outcomes. ●





A Fiery Passion for Volunteering

How years of fire service have impacted one man's life and his community

As the AT&T Regional Vice President of Emerging Technologies by day, Randy Pickering gets a chance to work with brand new technology before the public even hears about it. Outside of his day job, he serves as Fire Chief for the Edgerton Fire Protection District – as a volunteer.

Randy has been volunteering in fire services since 1980 and involved in emergency medical services since 1974. He's worked in the fire service as an EMT, Crew Chief, Motor Pump Operator, Lieutenant, Captain, Deputy Chief, Safety Officer, and now Fire Chief.

"I've always been very interested in community service, especially volunteering for the Wisconsin Interscholastic Athletic Association (WIAA), and local high schools," Randy says. "I'm willing to give back to the community and use my talents positively."

Randy began volunteering for the Edgerton Fire Protection District a few years ago, when he and his wife built a new home in the Edgerton area, and became Fire Chief in September of 2016.

The community of Edgerton presents a unique challenge to a fire department. They are not only responsible for the City

of Edgerton itself, but also the four surrounding townships. Because of the large area of coverage, the Fire Department is responsible for 10+ miles of busy interstate, the 5th largest lake in Wisconsin, and risks involving manufacturing, recreation, and agriculture.

For all of the challenges Randy and his team face on a daily basis, he still finds incredible reward in the fire service, which is why he's been actively volunteering for 42 years.

"Because of the nature of the job, people usually don't appreciate the sacrifices that volunteer firefighters and EMTs make until something goes wrong," says Randy. "But the smiles of the people we serve, the cards, notes, and pats on the back are definitely the most rewarding because they're sincerely saying thank you and they mean it."

Randy plans to serve another 3 – 5 years on the department, and is proud to serve the greater Edgerton community diligently to ensure the safety and happiness of his friends, family, and neighbors. If you see him or other fire service and EMS members on the street, feel free to give them a smile or pat on the back. We can all sleep soundly at night knowing there are people like Randy out there dedicating their lives for our protection. ●

Helping our Community to Breathe Easy

\$156,000 fundraising goal for new sinus surgery technology

Being able to enjoy a deep breath of air is taken for granted by so many. It's something that comes natural to your body, without thought. Yet, there are some who simply can't.

Take Marcus Ott for example - a young man who excelled at sports and enjoyed life to the fullest. But, after several intense sporting events and numerous hits to the nose, he ended up with a deviated septum, which led to sleepless nights and trouble breathing.

Luckily for Marcus, Edgerton Hospital's Ear, Nose, and Throat specialist, Dr. Danny Yaish, was able to perform a less invasive sinus surgery using the Medtronic Fusion ENT Navigation System. This procedure had Marcus back to his normal routine within two weeks, and restored his ability to breathe easily.

Marcus isn't the only one in our community whose sinus issues are interfering with daily activities. In fact, nearly 30 million Americans suffer from chronic sinusitis, and 80% of the population is living with an off-center nasal septum. In both of these instances, breathing is a daily struggle.

You Can Help Keep Quality Care LOCAL!

Our community needs relief, and your support would go a long way in keeping trusted health care local!

The Edgerton Hospital Capital Foundation wants to make it possible for everyone in our community to have access to this state-of-the-art sinus surgery, and is raising funds to purchase the Medtronic Fusion ENT Navigation System, at the cost of \$156,000.

The most exciting news – a very generous donor has offered to match gifts! So, if there's any time to give, it's now!



The community is encouraged to help raise the funds for this machine by going online and donating at edgertonhospital.com (click on Make a Gift) or by calling **608-884-1401**.





Medtronic offers solutions for sinuses

What is the Medtronic Fusion ENT Navigation System?

The Medtronic Fusion ENT Navigation System is an innovation in sinus surgery equipment that allows for more accurate and less invasive surgical procedures.

What it does?

The Medtronic offers increased accuracy that is similar to other image-guided surgeries. This navigation system offers sufferers a local option for relief from the facial pain, headaches, fatigue, loss of taste, and difficulty breathing that comes with sinusitis. It also enables the surgeon to improve the nasal passage by making it straighter and less congested, allowing for unrestricted breathing.

Who needs it?

Anyone who is suffering from a nasal obstruction, whether it's due to chronic sinusitis, a deviated septum, or obstructive sleep apnea.



Affiliated with SSM Health

If you do not wish to receive solicitations of mailings from Edgerton Hospital or the Edgerton Hospital Capital Foundation, please e-mail ehsinfo@edgertonhospital.com or utilize our toll-free number 1-800-884-3441. 3104

Community Connection complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-874-9426 (TTY: 1-800-947-6644).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-874-9426 (TTY: 1-800-947-6644).

Half a million
children

will have **ear tube surgery** this year.

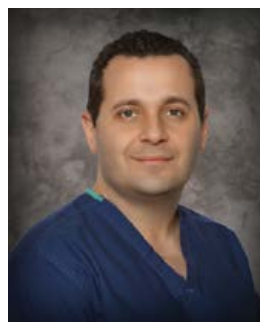
3%

of children suffer from **sleep apnea**.

Tonsillectomies are the **2nd most common surgery** among children.

Don't Let the Stats Scare You

Get educated by attending our free seminar



Dr. Danny Yaish

The numbers are alarming: millions of children every year are plagued with ear infections, poor sleep, and throat problems. If you are concerned about your child's constant ear or throat infections, hearing issues, or sleep apnea, or confused about the options when it comes to surgery, it's time to get educated.

Join Ear, Nose, and Throat and Sleep Specialist **Dr. Danny Yaish** on **Wednesday, February 15th** to learn about the procedures he performs right here at Edgerton Hospital. Get the peace of mind that will help your children rest easier.



Physician Seminar: Tubes, Tonsils, and Adenoids
Wednesday, Feb. 15, 2017 | 5:30-6:30 p.m.
Register for this free event at edgertonhospital.com
or by calling **(608) 884-1609**.