

Community Connection

Heart to Heart

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A Message from the CEO

— Jim Schultz —

Summer is finally here and I hope that this newsletter finds you enjoying the great outdoors and special family time. The team at Edgerton Hospital has been appreciating the beautiful weather too, as we watch our Healing Garden spring into bloom. On any given day you'll see patients taking a stroll around the pond or sitting on a swinging bench under the new pergola. If you haven't had a chance to visit the Healing Garden, please stop by and discover its soothing qualities. We're having a 'Party in the Garden' on Wednesday, July 13th, and we'd love to have you join us!

Along with the change to warmer temps, comes the chance for more injuries and accidents. Please keep in mind that Edgerton Hospital's urgent care is open 24/7, as well as its emergency services. Not only is Edgerton Hospital a convenient choice with short wait times, but it's also a quality option. Our physicians are board certified in Emergency Medicine, and their number one concern is making sure you are diagnosed correctly and treatment is started immediately. And, our patients have continued to rank the emergency department in the 98th percentile for overall satisfaction. Give us a try and see for yourself why our patients have been so pleased with the care they've received.

Thank you for your continued support of your community hospital. Enjoy the summer and stay safe!

— Jim Schultz, CEO



ACCIDENTS DON'T TAKE A VACATION

(and we won't let them ruin yours!)

ER/Urgent Care Open 24/7



Our board certified physicians will give you quality care, when you need it. And, you'll be in and out quickly!

- Wait times of 11 minutes or less*
- Lab & x-ray on-site
- Happy patients – ranked in the 98th percentile for overall patient satisfaction (Q1 Press Ganey Data)
- Easy access from Hwy. 59 (located near I90)
- Most insurances accepted

*On a typical day, not accounting for large trauma cases



Celebrate **Men's Health** Month

Thinking about taking steps to improve your health? No better time than June!

Men are often the biggest offenders when it comes to “I don’t need to go to the doctor, I feel fine” syndrome. And while it’s great to feel so fit, it’s helpful to remember that primary care and regular checkups keep people healthy. Whether it’s catching a disease before it progresses, or making sure routine tests and screenings happen, even the “healthiest” of men can benefit from seeing a doctor regularly. Here are some other facts to consider:

- If you’re among the 31.4% of men who binge drink, you may want to consider cutting back. It might seem okay now, but as you age, the effects of alcohol grow. A negative for your liver and heart, consider the big picture and your long-term health before you order that extra drink.
- Only about half of men get the minimum recommended amount of aerobic exercise. Go for a jog or take up rowing.
- Almost one in five men smoke. Cut it out and live longer.

- You should probably call your mother. She’ll be glad to tell you of any family history of disease that you may not have been aware of.
- About a third of men have high blood pressure. Adopting healthier habits and talking to your doctor can help this.
- Many men don’t get the right tests. This involves seeing a primary care doctor on a regular basis. It may not be the most fun, and you might not think it’s necessary, but getting the right screenings for your age is essential to living healthier.

In honor of Men’s Health month, do yourself a favor and take steps to get healthier—even if you feel fine.

To schedule an appointment with a primary care provider, call 608-868-3526. ●

“Men’s Health Matters” Lunch

Join us on Tuesday, June 21, Noon – 1pm.

For more info, visit www.edgertonhospital.com



Edgerton Welcomes **Dr. Scott Anderson**

Visiting orthopedic surgeon to provide new services for Edgerton Hospital

As the newest member of the Edgerton Hospital medical team, Dr. Scott Anderson is excited to make a positive impact on the Edgerton community.

“After being in pain for years, having the ability to move and be pain-free again really changes peoples’ outlook on life. It’s a real thrill to be involved in that process and to help people get their life back again,”

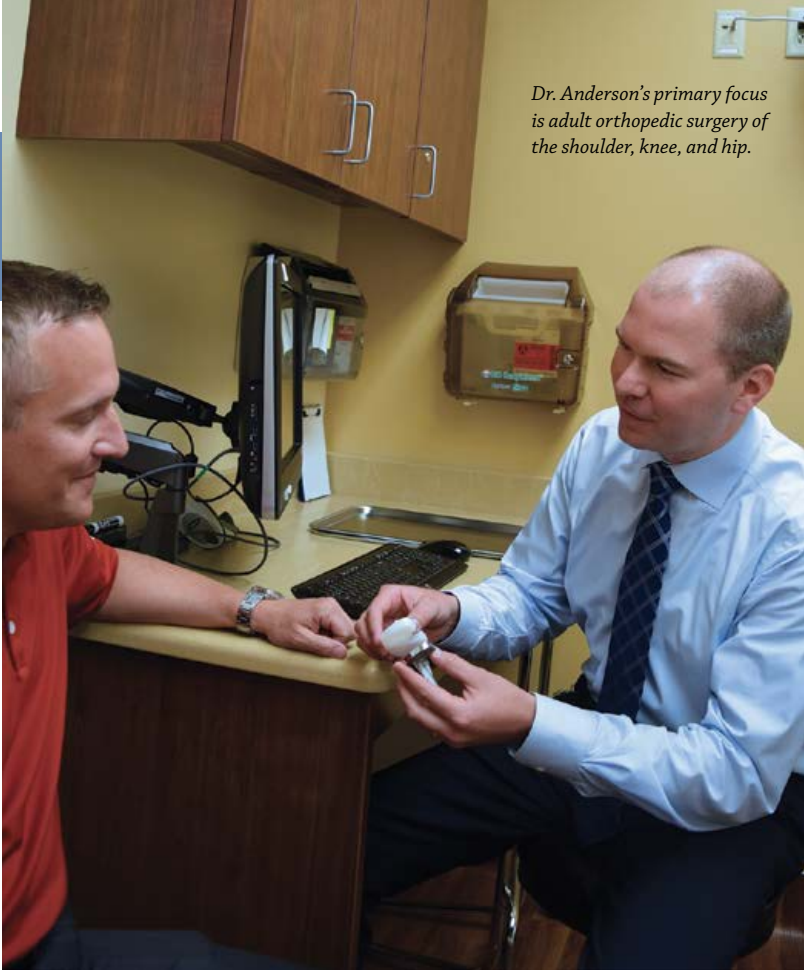
- Dr. Anderson

He has always been extremely grateful for the opportunities he’s been blessed to have. “I felt that spending some portion of my career in the military would be one small way I could give back to my country that has given me so much.” He joined the Navy Health Professions Scholarship Program in 2000 and was commissioned an Officer in the Navy.

He spent the first four years of his career serving the active duty population, retirees, and veterans, including a deployment to Afghanistan in 2011-2012 as part of a Navy Forward Surgical Team. In 2014, he returned to Madison and joined the University of Wisconsin School of Medicine and Public Health, where he is currently a Clinical Assistant Professor in Orthopedic Surgery.

“As a lifelong Badger, I’m proud that my education was all completed at the University of Wisconsin, including my undergraduate, medical school and residency training,” - Dr. Anderson

Dr. Anderson's primary focus is adult orthopedic surgery of the shoulder, knee, and hip.



His practice is focused primarily on adult orthopedic surgery of the shoulder, knee, and hip—including shoulder arthroscopy and replacement, knee arthroscopy and replacement, and hip replacement.

“The leadership and staff at Edgerton Hospital have been incredibly welcoming to our UW Health team and me. It has been a pleasure to work with them, and I look forward to growing this relationship in the months and years ahead,” he said.

Dr. Anderson and his wife Anna have been married for 13 years, and have four children. Anna is also a graduate of UW-Madison, is a teacher, and currently works at their children’s school.

In his free time, Dr. Anderson loves being active with his family, and enjoys watching and coaching his kids’ activities. They love to travel, fish, spend time on the water in the summer, and hit the slopes and sledding hills in the winter.

Recently, Dr. Anderson began volunteering on the Medical Team for the Badger Honor Flight program, which takes veterans to Washington DC to see the monuments and memorials. “It is a moving and unforgettable day, honoring those men and women for their sacrifice to our country,” he said. ●

Dr. Anderson being deployed for active duty as part of a Navy Forward Surgical Team.



New Orthopedic Services

For more information or to make an appointment to see Dr. Anderson at Edgerton Hospital, call **608-561-6657**.



Jack and Barb Rose

Hearts United

How Barb and Jack Recovered *Together*

Some couples grow apart as they age. And then there's Barb and Jack Rose. The couple has been married for 56 years, but to look at them (and to see how they look at each other), you might think they were newlyweds.

Hand-in-hand ("always," according to staff), Barb and Jack arrive at the cardiac rehabilitation room at Edgerton Hospital and Health Services. Happy with the arrangement, Jack sits next to Barb as she explains how they ended up both needing cardiac rehabilitation.

"Jack had a massive heart attack in December," she says. "He had congestive heart failure."

Barb, a veteran of open-heart surgery herself, had her own heart problems in January.

"I knew I was having a heart attack, but I didn't want to wake Jack, so I waited till the next morning," she admits. Barb had her fifth stent put in at that time.

"So he almost died in December, and I almost died in January," she says.

"At this point, we're just happy to be here," Jack laughs.

Barb and Jack are particularly glad to be here in Edgerton Hospital and Health Services' cardiac rehabilitation program.

"I just cannot believe how great Edgerton Hospital was for us," Barb says.



“I did cardiac rehabilitation three times at another place, and Edgerton is amazing.”

The experience, Barb says, was so positive, she never would have believed it if anyone had told her.

“We learned more in our first two weeks here than I ever did anywhere else,” she says.

They both cite the kind, devoted staff and beautiful facility as fundamentals to their success in the program, plus the support they received from their family.

“Family is everything,” says Barb. “Family makes everything happier and better.”

Now Barb and Jack say that they are happy to endorse cardiac rehab at Edgerton Hospital and Health Services.

“We tell everyone to come here,” says Jack, still holding his wife’s hand.

When asked what their secret is, Barb thinks, but not for long. “Treat each other like a flower,” she says. “If you yell at the flower and don’t treat it well, it will wither and die. But if you love it, pay attention to it, and nurture it, it will flourish.”

Barb and Jack have put their hearts into cardiac rehab nearly as much as they have given them to each other—hopefully to pay off in many more happy years together. ●



For more information about cardiac rehab services at Edgerton Hospital, call Sue Kindschi, RN, BA, CES, FAACVPR at **608-884-1397**.



“Life is good. I can breathe!”

- Roxanne Hareid



Breathing Easier after Sinus Surgery

Much has changed between Roxanne Hareid’s first sinus surgery in 1991, and the procedure she had done just a few months ago at Edgerton Hospital and Health Services.

“I was so impressed with the technology,” says Roxanne. “And how much better it was than the first time.”

Roxanne had a deviated septum. Her 1991 surgery attempted to repair the left side of her sinuses, but eventually the right side worsened to where she couldn’t breathe out of her nose. This led to a conversation with her primary care doctor, Kenneth Betts, M.D., who referred her to Dr. Danny Yaish, an ear, nose, and throat specialist.

“Roxanne presented with problems breathing through her nose and interrupted sleep, despite her previous sinus surgery,” says Dr. Yaish. “Now, the technology has improved to the point where we can perform more accurate and less invasive procedures.”

Dr. Yaish cites a number of improvements to the field: balloon sinuplasty, where balloons dilate the passages of the sinuses; image guiding, where a kind of GPS navigation makes for more thorough procedures; medication eluting stents which prevent blockage; and dissolvable foam to replace gauze packing.

“Some procedures can be done in the office rather than the operating room, and regardless of where the procedure is performed, there’s much less recovery time involved,” says Dr. Yaish.

When it was time for surgery, Roxanne was more than ready.

“The best thing about sinus surgery at Edgerton was that they told me everything that was going to happen, right up front. There were no surprises, and I felt really prepared,” she says.

“I was on my way home in about three hours, and they made sure I didn’t leave in any pain,” says Roxanne. “Much different from years ago.”

While the procedure itself didn’t take long, Roxanne appreciated the time and attention Dr. Yaish paid to her case. “He was so thorough,” she says. “A problem with my first surgery was that there was a little piece of packing left behind. It would shift, and I would get vertigo. Dr. Yaish removed that and made sure my sinuses were completely clear and recovering well.”

“I feel very lucky to have had the surgery,” Roxanne continues. “From my awesome doctor, to his personable staff. I would definitely recommend this surgery to anyone who needs it.” ●



Meet Dr. Yaish

If you’ve been living with sinus issues and haven’t found lasting relief, Edgerton Hospital may have a solution. Schedule an appointment with Dr. Yaish to start your path to clearer breathing.

Appointments: 920-885-5225



You're invited to a Party in the Garden



The Edgerton Hospital Capital Foundation would like to thank their generous donors who have helped to grow the Healing Garden into a place that is truly serene, and indeed healing. And, what better way to say "thank you" than with a party!

Wednesday, July 13th (rain date 7/14)
Edgerton Hospital Healing Garden
11101 N. Sherman Rd.
4:30 – 6:30pm

The 'Party in the Garden' is a free event, and we hope that you'll join us to discover Edgerton's hidden gem — the Healing Garden.



RSVP preferred, 608-884-1401 or foundation@edgertonhospital.com



6th Annual Victory Fun Run/Walk Saturday, September 17

REGISTRATION
 6:45 a.m.

10K RUN, 5K RUN, 5K WALK
 8:30 a.m. Start

Register Now @ EdgertonHospitalVictoryFunRunWalk.blogspot.com – Or request a paper registration form!

Edgerton Hospital Capital Foundation will hold its Fun Run/Walk Sept. 17th.

The services and quality of care that Edgerton Hospital provides are an invaluable resource for the area. Your support will help to make the event successful, which will in turn help to ensure top-quality, local health care for years to come. All proceeds raised this year will be used to purchase a new Respironics V60 Ventilator for the hospital.

Registering for the Victory Fun Run/Walk **online** is easy and secure, or simply fill out a paper registration form available at the Hospital. \$20 pre-registration; \$25 day of.

All Events start and end at Edgerton Hospital and Health Services, 11101 N. Sherman Rd., Edgerton, WI.

GREAT PRIZES FOR TOP PLEDGE SUPPORTERS!

Pledge a donation for a participant or yourself and help support **YOUR** local community hospital! Pledge forms can be found at EdgertonHospitalVictoryFunRunWalk.blogspot.com or request a paper form.

Check out the Edgerton Running Series at www.facebook.com/EdgertonRun and find out how you can enter to win a Trek bike (\$800 value)!

Meet Todd Crowley

Pharmacist by Day, Genealogist by Night

As the Pharmacy Director at Edgerton Hospital, Todd Crowley enjoys working in a small setting with just one other pharmacist and technician. But that wasn't always the case.

"When I worked at a 1,023-bed-hospital, there were 26 pharmacists and 100 technicians. I felt like I was helping and doing what was needed, but I also felt like just a number," Crowley says. However, at Edgerton, he plays a vital role in distributing medication on a personal level. "Now, I feel more closely related to the patient, and I'm active in all phases of pharmacy," he explains.

Crowley is involved in admission work, verifying patient medication, talking to physicians and nurses, and conversing with patients. His ultimate responsibility is to make sure patients are leaving with what they should be.

"One of the most rewarding parts of my job is being a part of the whole process,"
- Todd Crowley

Crowley received his education from Idaho State University in Pocatello, Idaho. He proceeded with his hospital pharmacy residency, and then went on to earn his Doctor of Pharmacy from the University of Colorado.

Healthcare is a common theme in Crowley's family, with his father being a laboratory manager, and several pharmacists in his family. Crowley always knew he wanted to explore science education, as much of his family had done.

In his free time, Crowley enjoys backpacking, taking pictures, and is interested in genealogy, particularly when he discovers interesting stories about his family's past. He recently learned that one of his ancestors is buried in a mall parking lot outside of Atlanta, GA in a grave suspended 20 feet in the air. Crowley hasn't seen it in person yet, but he plans to in the future. He looks forward to discovering more ancestors as he researches his family history. ●





Front row, from left: Nancy Dopkins (President), Barb Schade (Secretary), Ellie Reukauf, Pauline Hanson, Nancy Bullian (Treasurer).
 Back row, from left: Cathy Raethz, Marge Fassbinder, Rhea Jeske, Kayln Schremp. There are a total of 56 Auxiliary Members dedicated to helping the hospital.

When Passion and Dedication Unite

Meet the Edgerton Hospital Auxiliary

Auxiliary, a group that supports Edgerton Hospital by fundraising internally and externally in the hospital and community, is comprised of compassionate members doing good for others.

“I feel like I’m spending my time for a good cause, we are an extension of the hospital and community, and we use our skills to help.”
-Nancy Dopkins, Auxiliary President

The organization hosts events like bake sales, jewelry sales, plant sales, and “Spring Fling” shows. Their next event will be an ice cream social in August, held in the Healing Garden.

Funds from events go back to the hospital to add additional equipment. The surgery department recently benefited from Auxiliary funds, when they needed a blanket warmer.

The group also awards annual scholarships to students entering the medical field.

In addition to fundraising, volunteers deliver mail to different departments, assist with clerical work, and escort patients for appointments.

Auxiliary is also a social organization. Many members are retired, and they are involved in Auxiliary to form friendships and assist the hospital and community.

“Seeing members involved with different fundraising events, coming up with new ideas, and working together to be successful makes it all worthwhile,” Lisa Rebman, Auxiliary liaison, says. “Behind it all, it’s what’s best for the hospital. When Auxiliary can use their funds to make a positive impact, their hard work truly pays off.”

If you are interested in learning more about joining the auxiliary, call Lisa Rebman at 608-884-1489. ●

Tribute to Helen Rae Clawson (1934-2016)

Helen Rae Clawson was a volunteer in Auxiliary, where she served as president for two years, and was also a Foundation board member for several years. Helen and her late husband Phil were well known in the community, and they ran a business together before their time at Edgerton Hospital. Phil was employed at Edgerton Hospital as Manager of Radiology, working at the past location. When he passed away, Helen still remained a key player in the hospital.



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**FREE PHYSICIAN SEMINAR: Inhale. Exhale. Repeat!
Living with and managing shortness of breath.**

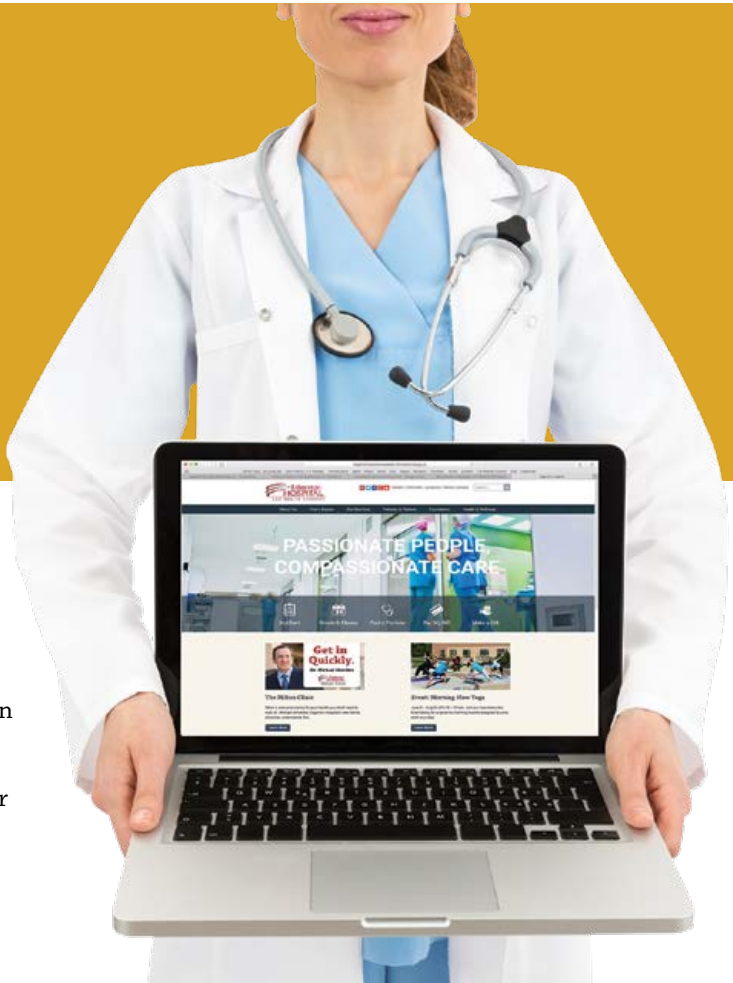
Presented by Mouhammed Rihawi, MD, ACP, D.ABSM



**Tuesday, Aug 9
Noon-1 PM
Edgerton Hospital:
Classroom A&B**

Dr. Rihawi is a highly respected pulmonary specialist who will be available to answer your questions and help get you on track to breathing easy.

Come See The
NEW
EdgertonHospital.com



**We are excited to announce that we
have redesigned our website!**

In addition to a sleek new design, you will now be able to pay your bill and register for classes on our new website. You will also have access to your patient records and can contribute to the Foundation directly through the site.

It is our goal to make finding a provider or learning more about our service lines easier to navigate. Plus, our new website is optimized for mobile use so you can access our website anywhere you go.

Check us out at www.EdgertonHospital.com.