

Community Connection

*Close to home,
Cared for like family*

Page 8

**Innovations at
Edgerton Hospital**
Page 2

**Clearing up the
definition of ENT**
Page 6





Innovations at Edgerton Hospital

Over the past several years, Edgerton Hospital has been committed to not only providing exceptional health care to our communities, but doing so through innovation and a strong focus on wellness.

To achieve this, we have dedicated time and resources in three specific areas — the patient environment, clinical technology and sustainability.

Innovations in Healing

In addition to a new emergency physician team and hospitalist program, Edgerton Hospital has focused on improving the patient experience through its healing environment.

This includes:

- **Specialty services** – From ENT to Pulmonology to Orthopedics (coming mid-2016), the hospital aims to offer a variety of specialty care options locally.
- **The Healing Garden**—Creates a calming atmosphere for patients, visitors and staff.
- **Top-notch culinary offerings**—Patients and visitors receive fresh-to-order, seasonal meals prepared by an experienced chef.
- **Functional windows**—Windows that open help improve the air exchange and decrease the risk of airborne bacterial infections.



Executive Chef
Graham Smith

Innovations in Clinical Technology

One of the major advancements Edgerton Hospital has made is in the electronic health records system (EHR). The hospital has recently achieved Stage 7 of EHR compliance based on the standards set by the Healthcare Information and Management Systems Society (HIMSS). This means Edgerton has integrated various hospital systems, like billing, into the EHR, critical data analytics can be performed, and the hospital no longer uses any paper charting.

Innovations in Sustainability

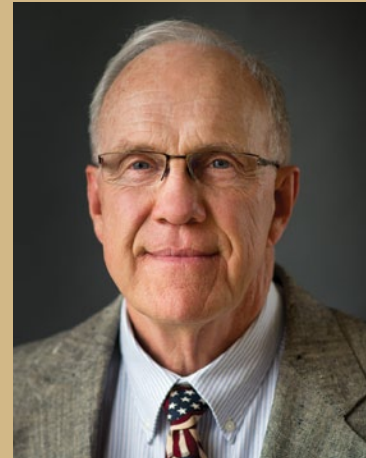
Edgerton Hospital is the first critical access hospital in the U.S. to use vertical Geo-thermal systems to power the entire facility's heating and cooling. The Geo-thermal system circulates the natural energy from below the earth's surface through a heat-exchange to heat the hospital in the winter and cool it in the summer. By using this method, Edgerton Hospital no longer uses fossil fuels. It also successfully keeps the patient environment comfortable and helps make the community's environment cleaner. And, our patients love that they can control the temperature of their own room, rather than sharing a thermostat with their neighbor.



Brooke Eckelberg, RN, adjusts a thermostat to meet her patient's comfort level.

Another area that supports sustainability is the hospital's Building Automation System (BAS). This intelligent monitoring system allows hospital engineers to easily control heating, cooling, ventilation, lighting and other systems in a central location, around the clock. This BAS helps maintain energy efficiency and energy savings.

Together, all of these innovations have led to improved patient satisfaction and safety, increased employee morale, and a financially strong, environmentally friendly community health care facility. ●



A Message from the CEO

As we adjust to the New Year, I'm able to reflect and take in all that Edgerton Hospital has accomplished over the past year. For me personally, it was a journey that allowed me to follow my passion as I accepted the Chief Executive Officer position. For the team at Edgerton Hospital, it was also a journey towards continuous improvement and innovations. With our valued patients in mind, we've brought in the best physicians, added specialty services and continue to develop our healing environment so that you'll get well and stay well, long after our work here is done.

Recently, we've received national recognition by being re-certified by The Joint Commission, provided leadership and training for other health care providers on a national level via SWANK, received an award for excellence in outcomes by NOSORH, and we've seen patient satisfaction scores in our emergency department soar to the 99th percentile. All of these wonderful accomplishments are due to our committed staff. They are truly here to offer you the best quality of care locally, so all of your needs can be met here, and you'll never have to travel more than a few miles to feel better.

Thank you for believing in your community hospital, and thank you for choosing Edgerton Hospital when the need arises. – Jim Schultz, CEO



Since Valerie has been managing the EHR, Edgerton Hospital has obtained its HIMSS level 7. This recognizes that Edgerton Hospital uses a completely paperless charting system, which fewer than five percent of hospitals nationwide have achieved.



Behind the scenes at Edgerton Hospital: *Nursing Informatics*

When you think of nursing, you probably picture the person you see before your doctor comes in, who preps you for a physical or surgery and oversees your post-operative care. But there is another side to nursing that's driven by data, communication and information technology. This side is nursing informatics.

And that's the role Valerie Farnsworth, RN, BSN holds at Edgerton Hospital and Health Services.

So what does an informatics nurse do?

One of Valerie's main responsibilities is managing Edgerton Hospital's electronic health record (EHR). She helps implement system changes and updates, provides her coworkers support for questions, trouble shoots issues, fixes issues on the backside and coordinates employee access and training.

"I make it my goal to continue learning best practices and following trends in health care information technology," Valerie says. "Then I can bring these lessons to Edgerton Hospital to improve work flow, patient safety and overall quality."

Being an informatics nurse was not something Valerie ever planned on doing. She fell into it while working as a medical-surgical nurse at a hospital in Georgia. She was asked to be part of the EHR implementation team at this facility, which

included helping with testing and training. So when her family decided to move back to Wisconsin in 2011, the informatics position at Edgerton Hospital seemed like a perfect fit.

"Being an informatics nurse has allowed me to see nursing from all sides and continues to help me piece together the puzzle of how to provide the best possible patient experience," Valerie says.

A little more than a year after joining the Edgerton Hospital team, Valerie also became the Milton Clinic Manager. In this position, Valerie performs administrative duties like payroll, policy review and scheduling, as well as being a back up for patient care. And with her informatics role, Valerie is able to keep the Milton Clinic connected with the main hospital.

When Valerie isn't at work or shuttling three active kids around, she enjoys playing the piano, taking a walk, reading a good book—with a good glass of wine—and relaxing and watching movies with her family. ●

"Edgerton Hospital has provided me a career that I'm passionate about in a very family-oriented environment. I'm able to enjoy a full day at work, but also be home in the evenings to take my kids to dance class or help with homework."

Small Steps for *Big Change*

As a chiropractor, Dr. Jay Peterson makes small adjustments in the hope of significantly improving a person's quality of life. This is also one reason why he is an active member of the Edgerton community.

"I believe that if each person in the community is involved—even in just a small way—all of the small changes we make will help bigger changes happen," Jay says.

Jay's largest community involvement is with Edgerton Hospital. He has been a member of the hospital's Board of Trustees for six years, serving as vice chair for a year and currently as the interim chair.

During his tenure on the Board, Jay has helped Edgerton Hospital transition to a new building as well as to a new CEO. He also has been a part of bringing the Healthy Village idea to life.

"As Edgerton Hospital began to implement its 'Healthy Village' concept, working with them became a natural fit for me because my philosophy as a chiropractor is to improve overall health and quality of life with minimal intervention," Jay says. "I'm glad the hospital has a strong focus on not just caring for people when they're sick, but providing resources for them to stay well."

In addition to the Edgerton Hospital Board, Jay serves on the Chamber of Commerce Board, and in the past, he's been the Rotary Club president and a member of the Lions Club Board and Kiwanis Club.

Here are two other reasons why Jay stays so involved in the Edgerton community:

"I'm raising a family here, so I want to make sure my kids have a strong and positive community in which to grow up," Jay says. "Edgerton is my home, and I feel it's part of my responsibility to make it as good as possible."

Additionally, Jay owns Peterson Chiropractic, which has been a part of the Edgerton community since 2007.

Outside of his own business and his work with the hospital, Jay enjoys spending time with his wife and three boys over anything else. The family loves spending time outdoors, whether it's camping, playing basketball or strolling through the farmer's market. ●



Clearing up the Definition of **ENT**

From ear tubes and tonsils to sinus infections and allergies, ear, nose and throat (ENT) physicians treat some of the most common health complaints. But you may not realize how much more they can do.

ENT physicians specialize in the diagnosis, treatment and management of conditions that affect not only the ear, nose and throat, but all of the areas of the head and neck.

Because of the variety of conditions that fall within ENT, these physicians are able to care for all members of the family and throughout a person's life. They are also able to provide surgical treatment options when medicines or therapies aren't working for a patient.

You can see an ENT Physician for:

EAR	NOSE	THROAT	HEAD & NECK
<ul style="list-style-type: none">• Ear infections• Hearing loss• Ringing in the ears• Dizziness & balance disorders• Ear tubes	<ul style="list-style-type: none">• Sinusitis (sinus infections)• Allergy testing and therapy• Nose bleeds• Deviated septum	<ul style="list-style-type: none">• Breathing problems• Snoring and sleep apnea• Gastroesophageal reflux (GERD)• Difficulty swallowing• Tonsils	<ul style="list-style-type: none">• Facial cosmetic and reconstructive surgery• Botox and fillers• Thyroid surgery• Head and neck cancer treatments• Facial trauma

ENT services at Edgerton Hospital are now open (so your nose can be as well)

Sinus infections, allergies and many other ENT ailments can significantly impact your quality of life—preventing you from enjoying activities or leaving you in a congested fog.

Danny Yaish, DO, Ear, Nose, Throat and Sleep Medicine specialist is Edgerton Hospital's new ENT physician. He uses cutting-edge treatment methods to provide lasting relief for patients living with an ENT condition. This includes an innovative solution for sinusitis that's proven to keep sinuses clear and open in patients who suffer from chronic sinus infections. ●

FREE Physician Seminar - Seasonal Allergies Tuesday, April 26 - 5:30 pm

Edgerton Hospital: Classroom A & B
Dr. Danny Yaish, Ear, Nose, Throat and Sleep Medicine Specialist

Reserve your seat by calling **608-884-1609**
or online at www.edgertonhospital.com.

Ever wonder if your constant congestion is caused by chronic sinusitis or seasonal allergies? At this presentation, you'll discover ways that you can get lasting relief, finally! Have your questions answered by a specialist physician, and we'll enter you for a great door prize!

Is it a sinus infection?

More than 35 million people are affected by sinus infections each year. But with symptoms like congestion, cough and headache, how do you know if you actually have a sinus infection or just the common cold?

One of the most important indicators is how long the symptoms last. A cold comes and goes within 10 days or less. On the other hand, a sinus infection is harder to get rid of; it may last several weeks if untreated.

You can also use this quick guide to help determine if you should see a doctor.

COLD	SINUS INFECTION
CAUSED BY: A virus	CAUSED BY: Infected sinus cavities
SYMPTOMS: <ul style="list-style-type: none">• Stuffy nose because of mucus buildup• Headache• Sneezing and coughing	SYMPTOMS: <ul style="list-style-type: none">• Nasal congestion due to inflamed sinus cavities• Pressure behind the eyes and cheeks• Postnasal drip (nasal discharge that may flow down the throat and cause irritation and cough)



Meet Dr. Yaish

If you've been living with sinus issues and haven't found lasting relief, Edgerton Hospital may have a solution. Schedule an appointment with Dr. Yaish to start your path to clearer breathing.

Appointments: 920-885-5225

Close to Home and Cared for Like Family



Ron Schieldt has always called Edgerton home. He's lived in the community his whole life. He served as a local police officer for over 17 years, and his wife served on the Edgerton Hospital Board when the facility was just getting its start.

That's why when he needed extended care to recover from a serious health condition and two surgeries, Ron didn't need to think twice about choosing the Edgerton Hospital short-term rehabilitation (swing bed) program.

A Step to Better Health

As a diabetic, foot health is very important to Ron. Unfortunately, toward the end of 2015, he was diagnosed with arteriosclerosis—a condition where arteries that pump blood from the heart become narrow or blocked, preventing them from properly supplying blood to the body's organs and tissues. For Ron, the arteries leading to his legs were affected by the disease, which resulted in his toes turning black from the lack of blood flow, nutrients and oxygen.

Ron needed two separate surgeries to repair the arteries in both legs. The first was on his right leg, and after his procedure, he arrived at Edgerton Hospital for his first short-term rehab stay. As his blood flow returned, and his right foot regained a pulse, Ron relied on the nurses, therapists and wound specialists to help keep him healthy and strong for his second surgery.

After the procedure for his left foot, a month after his first, Ron returned to Edgerton Hospital for part two of his short-term rehab care.

Ron's wife Lawanna, along with certified Wound Care Specialist, Sandy Bjornstad, RN, have been an enormous support system during Ron's hospital stay.

As with his first stay, Ron was grateful for having access to wound care, which helped him stay on top of his medications and monitored the healing progress of his foot wounds. He was also very thankful for the therapy team.

“The physical therapists were great and really helped keep my spirits up as we worked to restore balance and strength,” Ron says.

Additionally, Ron had access to 24-hour skilled nursing care through the short-term rehab program.

“The nurses, both during the day and at night, gave more than 100 percent. They were at my side taking care of whatever my needs were as soon as I pushed the call light.”

Ron was also impressed with Edgerton’s “hospital food,” which is nothing like the traditional hospital food most people think of.

“The chef puts a special big-city attitude in the food that makes it really good,” says Ron. “And he’s willing to go off menu if you have a special request.”

In total, Ron spent more than 60 days as a short-term rehab patient, but Edgerton Hospital helped him make it feel like home:

- Ron’s grandson was allowed to bring in his girlfriend’s labradoodle to be Ron’s personal therapy dog.
- Over the holidays, Ron was able to get out of the hospital and spend time with his family.

And on January 21, Ron was able to go home, full-time. ●

“Leaving the hospital was emotional for me because the staff became like my family and the hospital was truly a home away from home.”



Visits from Paisley were always guaranteed to brighten Ron’s day.



3 Ways Your Primary Care Provider Can Help You Stay Healthy In 2016

January may have ended, but your goals to be healthier this year don't need to. As we move through the rest of 2016, there are three key areas you can focus on to keep up your journey to a healthier life. And your primary care provider can be your year-long (and life-long) resource for staying on track.



▶ SLEEP

Sleep is much more than lying in bed with your eyes closed. During sleep, your brain is actively performing tasks that boost the immune system, regulate hormones, repair the body and recharge the mind.

Lack of sleep can:

- Increase your risk for conditions like heart disease, high blood pressure and diabetes
- Decrease your ability to fight infections or viruses
- Create hormonal imbalances which may contribute to weight gain or depression



▶ DIET & EXERCISE

We all know how important diet and exercise are to maintaining a healthy weight, as well as how our weight affects overall health. But with the help of a primary care provider, you can also learn ways in which diet and exercise help prevent or manage other health conditions.

For example, if your PCP knows you have a family history of heart disease, he or she can provide guidance and resources for eating a heart-healthy diet and the best activities to build a strong heart.



▶ PREVENTATIVE CARE

The third component to staying healthy this year is the preventative care your primary care provider offers. Services like annual physicals and immunizations not only prevent things like the flu and catch warning signs for more serious conditions, they also allow your provider to stay up-to-date with your overall health. Then, based on knowledge of your personal health and your family's health history, PCPs can properly recommend screenings like mammograms and colonoscopies.



Primary Care at Edgerton Hospital

In 2014, Edgerton Hospital was excited to welcome family physician Dr. Michael Schreiber to our Milton Clinic team. This year, we plan to continue expanding access to local, high quality primary care by bringing additional PCPs to our community.

To schedule an appointment with Dr. Schreiber, call **608-868-3526**.

Visit edgertonhospital.com to stay up-to-date on our growing primary care services.

Because of you...

Thank you for your support! You're amazing! With your gift, you join the champions who support Edgerton Hospital. We are still raising money for equipment; we are expanding physician services and reviewing our future space needs to help Edgerton Hospital continue to meet the needs of our patients.



What you made possible...

Together we are saving lives and building healthy communities. 2015 gifts to Edgerton Hospital from Edgerton Hospital Capital Foundation included:

- Rehabilitative Services Named Healing Garden Pavilion
- Named IT Server
- Lite Gait with Treadmill
- Bone Densitometry
- ED Exam Room Glider/Rocker
- Laboratory Hematology Analyzer
- Victory Fun Run/Walk expenses
- Healing Garden Designated Gifts



Have you visited your Healing Garden?

Edgerton Hospital's Healing Garden complements our beautiful hospital and is **open to the public**. Hiking trails wind through a wooded ravine on 70 acres and are here for everyone to enjoy.

Interested in gardening in our Healing Garden? Volunteer!

We need your green thumb to help our flowers grow. If you'd like to volunteer, please call Bonnie at 608-884-1401.

How you can still help...



Currently, we are fundraising for a Respironics V60 Ventilator. Whether this machine is needed for an inpatient or someone visiting through the emergency department, the Foundation wants to help our friends, families and neighbors breathe easy.

For more information or to make a donation, call Bonnie at 608-884-1401 or visit www.edgertonhospital.com and click on Donate Now.




**Edgerton Hospital
Capital Foundation**

OUR VISION, SECURING THE FUTURE.

Thanks for your donation!



11101 North Sherman Road
Edgerton, WI 53534

NON-PROFIT
US POSTAGE
PAID
MADISON WI
PERMIT #2860

Affiliated with SSM Health Care of Wisconsin

If you do not wish to receive solicitations of mailings from Edgerton Hospital or the Edgerton Hospital Capital Foundation, please e-mail ehsinfo@edgertonhospital.com or utilize our toll-free number 1-800-884-3441. 2060



Now Offering a **GRIEF SUPPORT GROUP**

First Friday of each Month
1:30 pm
Classroom D

Please join us for this program that is designed to help ease the grieving process.

For questions, call Amanda at 608-884-1490.



Randy Archilletti
Laboratory Manager



Tammy Stearns, RTRM
Radiology Manager

Expert and Local: Diagnostic Services at Edgerton Hospital

Edgerton Hospital is proud to welcome Randy Archilletti as its new laboratory manager and Tammy Stearns, RTRM, as its new radiology manager.

Under their leadership, Edgerton Hospital will continue to provide the community with a variety of advanced diagnostic services, including:

- Bone density scans
- CT scanning
- General lab testing
- Mammography
- MRI
- Ultrasounds
- X-ray

While these tests require a referral from a primary care provider or specialty physician, patients do have the power—and right—to request that their testing be done locally at Edgerton Hospital.

For a full list of diagnostic services, visit edgertonhospital.com

