



Courtyard Café

Daily Menu Selections

February 5th thru 9th

MONDAY-5th

		<i>Kcal</i>	<i>Carbs</i>
<i>SOUP -</i>	Turkey Club Soup	380	1
<i>CHEF'S CHOICE -</i>	Korean Pork Chop and Wild Rice	290,330	1,3
<i>VEGETABLE</i>	Parmesan Tomato	100	0.5
<i>PANINI/SANDWICH</i>	Montana Panini	500	3
<i>SALAD BAR</i>	Build Your Own	0,0	0,0

TUESDAY-6th

<i>SOUP -</i>	Chicken Noodle Soup	420	2
<i>CHEF'S CHOICE -</i>	Lemon Chicken Picatta and Roasted Red Potato	280,110	1,2
<i>VEGETABLE</i>	Asparagus	80	0
<i>PANINI/SANDWICH</i>	Spinach Artichoke Quiche	270	1
<i>SALAD BAR</i>	Pizza Pasta Salad, Harvest Grain Broccoli Apple Salad	320,140	1,2

WEDNESDAY-7th

<i>SOUP -</i>	Zucchini Corn Chowder	300	1.5
<i>CHEF'S CHOICE -</i>	Grilled Jerk Flank Steak and Cajun Rissoto	180,590	0,4
<i>VEGETABLE</i>	Zucchini and Yellow Squash Saute'	100	0
<i>PANINI/SANDWICH</i>	Meatlovers Pizza		
<i>SALAD BAR</i>	Build Your Own	0,0	0,0

THURSDAY-8th

<i>SOUP -</i>	Hot & Sour Soup	120	1
<i>CHEF'S CHOICE -</i>	Taco Lasagna	460	4
<i>VEGETABLE</i>	Chili Spiced Carrots	90	0
<i>PANINI/SANDWICH</i>	Chicken Caesar Wrap	500	3
<i>SALAD BAR</i>	Green Chili Chicken Pasta Salad, Greek Salad	330,140	2,,5

FRIDAY-9th

<i>SOUP -</i>	Kale and White Bean Soup	380	3
<i>CHEF'S CHOICE -</i>	Waleye with Sundried Tomato Butter	100,	0,
<i>VEGETABLE</i>	Green Beans and Walnuts	80	0
<i>PANINI/SANDWICH</i>	Patty Melt	450	3
<i>SALAD BAR</i>	Build Your Own	0,0	0,0