



# Courtyard Café

## Daily Menu Selections

September 11th thru 15th

### MONDAY-11th

		<i><b>Kcal</b></i>	<i><b>Carbs</b></i>
<i>SOUP -</i>	Cheese Tortellini Soup	370	3
<i>CHEF'S CHOICE -</i>	Shrimp Florentine Pasta	460	2
<i>VEGETABLE</i>	Grilled Eggplant with Pecan Pesto	280	1
<i>PANINI/SANDWICH</i>	Patty Melt		
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0

### TUESDAY-12th

<i>SOUP -</i>	Creamy Vegetable Chowder	110	1
<i>CHEF'S CHOICE -</i>	Pan Seared Chicken/Rosemary Butter Sauce, Cheesy Mashed Potato	210,370	0,3
<i>VEGETABLE</i>	Garlic Roasted Green Beans with Mushrooms	310	2
<i>PANINI/SANDWICH</i>	Bacon Ranch Chicken Wrap	480	3
<i>SALAD BAR</i>	Sesame Cucumber and Sugar Snap Pea, Broccoli & Blueberry Salad	140,150	1,1.5

### WEDNESDAY-13th

<i>SOUP -</i>	Spicy Moroccan Zucchini & Cauliflower Soup	120	1
<i>CHEF'S CHOICE -</i>	Beef Stroganoff with Egg Noodles	420	2
<i>VEGETABLE</i>	Caramelized Onion and Almond Green Beans	220	2
<i>PANINI/SANDWICH</i>	Asian Chicken Tacos	360	2
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0

### THURSDAY-14th

<i>SOUP -</i>	Thai Coconut Soup	300	1
<i>CHEF'S CHOICE -</i>	Chicken Kiev and Louisiana Rice	250,260	1,2
<i>VEGETABLE</i>	Parmesan Zucchini	140	0.5
<i>PANINI/SANDWICH</i>	Brisket and Blue Cheese Flatbread Pizza	430	3
<i>SALAD BAR</i>	<b>Dorito Taco Salad, Fennel &amp; Celery Salad</b>	200,240	1.5.1

### FRIDAY-15th

<i>SOUP -</i>	Smoky Chipotle Potato Soup with Cheddar	270	2.5
<i>CHEF'S CHOICE -</i>	Grilled Flank Steak with Mango Slaw and Basmati Rice	720	4
<i>VEGETABLE</i>	Creamy Garlic Mushrooms	110	0.5
<i>PANINI/SANDWICH</i>	Panera Frontega Chicken Panini	400	3
<i>SALAD BAR</i>	<b>Build Your Own</b>	0,0	0,0